



THE POWER OF RECOVERY

2021 - 2022

2022 | ANNUAL REPORT



Gateway Foundation

Mission

Gateway Foundation is a national, nonprofit organization committed to reducing substance use disorders and co-occurring mental health problems through effective and efficient treatment programs.

Vision

Gateway's vision is to be the nation's leading treatment provider, helping to create access through affordable, high-quality healthcare for substance use disorder and mental health treatment for all who need it.

Core Values



A Brief History

Founded by nine individuals in 1968 on Chicago's south side, Gateway's purpose has remained steadfast: to help clients reclaim and live productive, socially responsible and healthy lives, free from drug and alcohol use and better able to manage symptoms of mental illness. Gateway Foundation is one of Illinois's longest standing and largest nonprofit treatment providers with 15 residential, outpatient and recovery home locations across the state, and a variety of corrections and community corrections programs in Delaware, Florida, Georgia, Michigan, Missouri, New Jersey, Texas and Wyoming. Launched in 2020, Gateway's adaptive recovery tool kit keeps treatment accessible for thousands of clients when barriers prevent physical attendance, and supports a growing network of alumni in all stages of recovery.

Gateway's professional clinicians currently touch over 40,000 lives a year, with personalized plans that address the underlying causes of substance use disorders, and which motivate those we serve to heal and thrive. Specialized programs serve women, young adults, survivors of domestic violence, and clients diagnosed with co-occurring mental health disorders.

Gateway has touched over one million lives to date and is proud of its diverse alumni community devoted to long term recovery.

Executive Leadership

Jeremy Klemanski
President & CEO

Tomas del Rio
Chief Financial Officer

Patricia Aitken, MBA
Chief Human Resources Officer

Dan Molitor, MS
Chief Information Officer

Marc C. Turner, MS
President, Community Services

Gregg Dockins, CCJP, LCDC
President, Corrections Services

Roueen Rafeyan, MD
Chief Medical Officer

From the Chair

It is my great pleasure to invite you to review fiscal 2022, a year that prepared Gateway Foundation for a greenfield opportunity in 2023 and beyond. The board is poised to support our new President and CEO Jeremy Klemanski after a deep, national, and well managed search coordinated by an ad hoc committee comprised of Board Chair Andy Smith, Larry Singer, Ivy Walker, Elio Montenegro and myself. We are committed to ongoing support of strong executive leadership and a devoted staff, who continue to deliver excellent services on the front line every day, saving lives across the country as the organization evolves.



Thank you to Andy Smith for your leadership as Board Chair during some particularly challenging pandemic years, as well as to Amalesh Sanku and France Pitera who completed their long tenures as Treasurer and Secretary last June. All three continue their volunteer board service as members at large. I welcome both Larry Singer and Ivy Walker to the Executive Committee, along with Julie Brady our new Treasurer, and our most recent additions to the board, Elio Montenegro, CEO of Genesis Healthcare, and Jennifer Vidis, Deputy Commissioner for the Chicago Department of Health.

Board priorities in the coming years include focus on refinement of our strategic plan to respond to the significant changes within our industry and driving the right investments to support that plan. In terms of our own development as an entity who can best serve Gateway's mission, this generation of the board is committed to ongoing and proactive cultivation of a diverse and vibrant governance body who bring a wide, relevant range of professional, regional and lived experience to the table as Gateway continues to expand its footprint and services.

I look forward to serving Gateway in my new role and to meeting more of you in the year ahead.

Arla Lach, 2023 Board Chair

Announcements

- Chair Andy Smith stepped down from his role at the end of FY2022 and continues to serve on committees.
- Board Members Glenn Baer Heubner and Jean Range completed their board service. We thank and commend them for years of generous service, wisdom, and commitment to our mission.
- Arla Lach, a long-standing member of the board, assumed the role of Board Chair on July 1, 2022.
- Elio Montenegro of Genesis Healthcare LLC was voted onto the board in FY2022 and Jennifer Vidis, Deputy Commissioner of the Chicago Department of Health, in FY2023.

FY2023 Governing Board

Arla Lach - Chair
Partner, Grant Thornton

Mary Cesare-Murphy
*Behavioral Health Consultant,
Pattonhc Consulting*

Elio Montenegro
CEO, Genesis Healthcare

Larry Singer - Vice Chair
Professor, Loyola Law School

John Dreves
*Associate Vice President,
Digital Marketing & Communications,
Loyola University*

France Pitera
Realtor, @Properties

Julie Brady - Treasurer
Partner, Grant Thornton

Amalesh Sanku
President, Sagertech Communications

Ivy Walker - Secretary
*Founder, AskCoda;
Co-Founder, Helios Digital Learning*

Richard Eichholtz
Retired Partner, bioStrategies Group

Andy Smith
*Founder & CEO, Impact Advisors Health
Care Consultants*

Sidney Bradley
Co-Founder & CEO, weCare Staffing

Matthew Griffin
General Counsel, Lactalis Heritage Dairy

Jennifer Vidis
*Deputy Commissioner, Chicago
Department of Public Health*

Kaleem Malik MD
Founder & CEO, TriLab Health

From the CEO

As we embrace the learning afforded these past few years, we are reminded that flexibility, resilience, and risk taking are key ingredients for personal and organizational vitality. We have been reminded of how critical personal and organizational health are.

We have been reminded collectively of the value that people and organizations have in helping us restore health when most needed.

Reminded of the value of community and togetherness, we are more thankful for each other.

Untreated addiction and mental illness have always been isolating, and lonely destinations. As the world was forced to take the lonely journey to isolation, which the people we serve take regularly, all of humanity was able to experience some of what our people feel. The result is a renewed sense of urgency for effective and accessible substance abuse and mental health services and supports.

As Gateway Foundation approaches 55 years serving some of the most vulnerable amongst us, we are excitedly planning the next 55 years of serving our community. And in doing so, we are thinking about how the lessons of the past few years may guide our efforts in meeting the needs of the future.

We are considering how we will build a more flexible, resilient, and responsive system of care, with an eye on the risks we will take, in order to help more people find recovery.

I invite you to join us in building our community so that everyone who needs treatment and support may find it.

Sincerely,

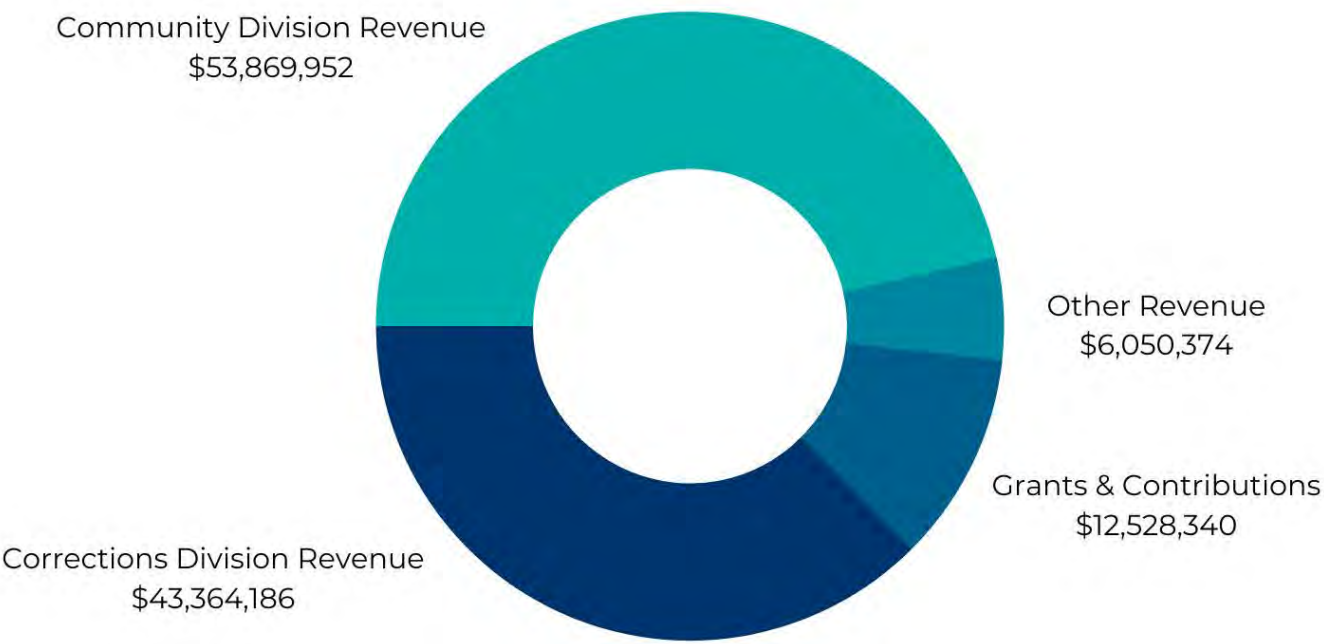


Jeremy Klemanski
President & Chief Executive Officer

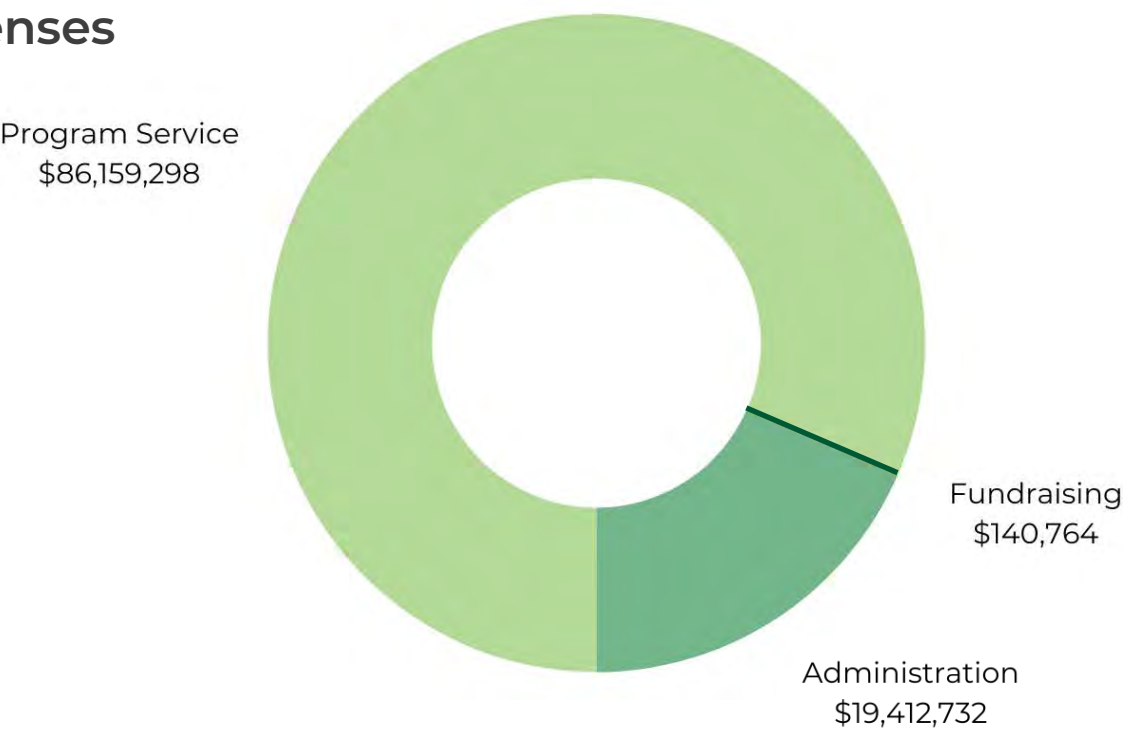


FY2022 Finances

Revenue



Expenses



Gateway Markets

CENTRAL OFFICE

★ **Chicago, Illinois**

**COMMUNITY
DIVISION**

Illinois

Aurora
Bloomington, 2023
Carbondale
Caseyville
Chicago Independence
Chicago Kedzie
Chicago River North
Downers Grove
Gurnee
Jacksonville
Joliet
Lake Villa
Springfield
Springfield Outpatient
Swansea

**CORRECTIONS
DIVISION**

Delaware

Dover
Georgetown
New Castle
Smyrna
Wilmington

Florida

Arcadia
Avon Park
Bowling Green
Bushnell
Century
Chipley
Crawfordville
Crestview
Havana
Jasper
Lake City
Madison
Malone
Monticello
Ocala
Orlando
Perry
Polk City
Sanderson
Milton
Live Oak

Georgia

9 sites opening, 2023

Michigan

Baraga
Kincheloe
Marquette
Newberry

Missouri

Bonne Terre
Boonville
Bowling Green
Cameron
Charleston
Chillicothe
Farmington
Fulton
Fordland
Jefferson City
Kansas City
Licking
Maryville
Mineral Point
Moberly
Pacific
St. Joseph
Tipton
Vandalia

New Jersey

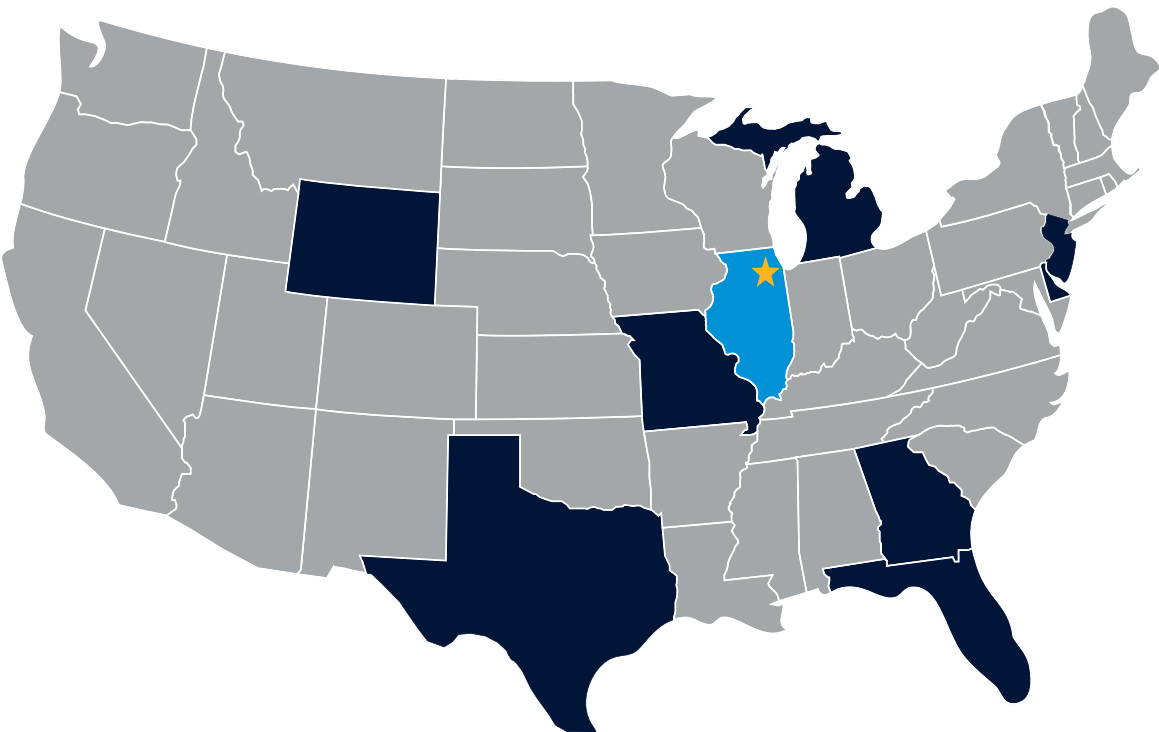
Annadale
Avenel
Bordentown
Bridgeton
Clinton
Leesburg
Newark
Trenton
Woodbridge
Wrightstown
Yardville

Texas

Humble
Lancaster
Del Valle

Wyoming

Lusk
New Castle
Rawlins
Riverton
Torrington





Justice, Equity, Diversity, Inclusion Committee

In the spring of 2022, Gateway Foundation's Justice, Equity, Diversity and Inclusion Advisory Committee began to convene with the purpose of supporting the enterprise JEDI action plan. The JEDI Committee is a representative group of employees guided by principles of justice, equity, diversity and inclusion in a workplace with differing perspectives and serves as an advisory panel. The initial 2023 committee is comprised of the following individuals:



Marla
Berkow



Sheri
Besse



Sandra
Bingaman



David
Buckner



Jatarra
Gilliland



Deirdre
Harrison, CFRE



Yolanda
Johnson Davis



Dr. Ciunial
Lewis



Alexis
Rosales



Karolina
Strack

Its initial scope includes, but is not limited to, the review of existing initiatives, policies and practices and how they are evaluated; documented analysis and recommendations for the implementation of existing and new JEDI strategies to Executive Management in order to broaden the vision for culture in practical and concrete terms; and to intentionally grow the committee to reflect Gateway's workforce and give voice to its range of perspectives. The committee will also perform an educational role in facilitating access and exposure to current best practices.

Community Highlights

Over the past year, the Gateway Foundation Community Division has targeted on-going efforts to provide access to our high-quality services. While we have been grateful for access to vaccines as the COVID-19 health emergency has shifted from the pandemic phase to an endemic phase, as we continue to maneuver in our fight against COVID-19 and in the battle with the disease of substance use disorders.

During the pandemic, a variety of factors created barriers for those in need of treatment services for substance use disorders and co-occurring mental health problems. As a consequence, we have seen a significant increase in the acuity of individuals seeking service. Our staff have worked hard to endeavor to meet the persons we serve where they are on their journey toward recovery and assist them with forward movement. Our individualized approach to treatment allows us to adapt a plan of care to each unique set of presenting problems.

We have continued to offer virtual care and our *gateway connect* app allows outpatient clients and alumni to stay connected to our programs and receive support along their recovery journey. This programs also allow us to reach individuals beyond the communities where we have a physical location.

I am grateful to our team members who have met the challenges of providing top notch care under challenging circumstances. We have provided care and healing which allow those we serve to develop new skills and abilities to change their lives; and as their lives are changed, so did the lives of their families and the communities where they live, work and play.



Marc Turner
President, Community Services



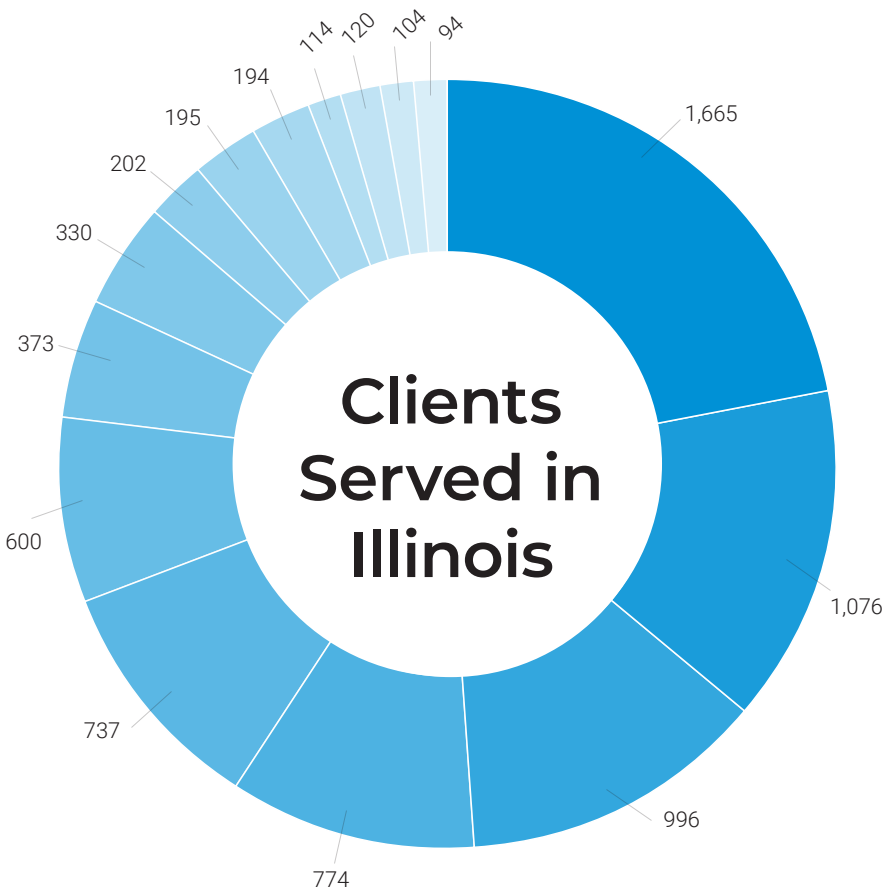
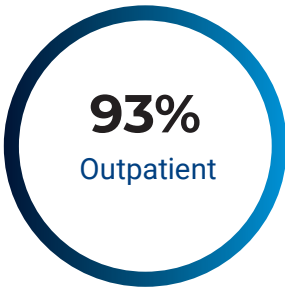
Marc Turner

President
Community Services



Community Overview

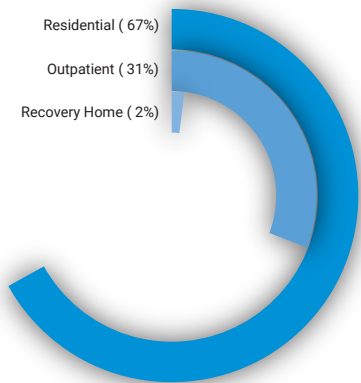
2022 CLIENT
SATISFACTION
RATES



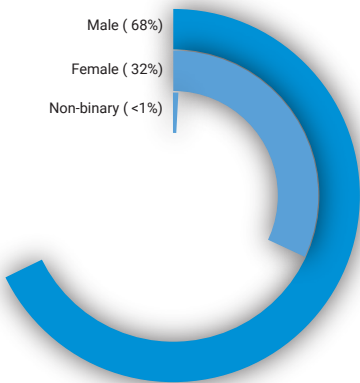
- Springfield
- Independence
- Lake Villa
- Carbondale
- Aurora
- Caseyville
- River North
- Swansea
- Pekin
- Gurnee
- Kedzie Recovery Home
- Jacksonville
- Skokie
- Joliet
- Downers Grove

Total Lives Served: 7,544

Treatment Setting



Gender



Ethnicity



Levels of Care



Gateway Foundation treatment centers are licensed by the State of Illinois and accredited by The Joint Commission, who accredit and certify 19,000+ health care organizations and hospitals nationwide. Accreditation by The Joint Commission is an internationally recognized indication of quality.

Aurora

- Residential Treatment
- Day Treatment
- Recovery Advantage (Alcohol-Specific Residential Program)
- Intensive Outpatient Treatment
- Outpatient Treatment
- Aftercare
- Alumni Programs

Bloomington

Opening in 2023

- Intensive Outpatient Treatment
- Outpatient Treatment
- Aftercare

Carbondale

- Residential Treatment
- Day Treatment
- Intensive Outpatient Treatment
- Outpatient Treatment
- Her Story Residential Program for Women
- Recovery Home
- Aftercare
- Alumni Programs

Caseyville

- Residential Treatment
- Day Treatment
- Aftercare
- Alumni Programs

Chicago Independence

- Residential Treatment
- Day Treatment
- Recovery Home
- Intensive Outpatient Treatment
- Outpatient
- Aftercare
- Alumni Programs

Chicago Kedzie

- Recovery Home
- Intensive Outpatient Treatment
- Outpatient Treatment
- Alumni Programs

Chicago River North

- Day Treatment
- Intensive Outpatient Treatment
- Aftercare
- Alumni Program

Downers Grove

- Intensive Outpatient Treatment
- Outpatient Treatment
- Aftercare
- Alumni Programs

Gurnee

- Intensive Outpatient Treatment
- Outpatient Treatment
- Aftercare
- Alumni Programs

Jacksonville

- Residential Treatment
- Day Treatment
- Intensive Outpatient Treatment Programs
- Outpatient Treatment
- Recovery Home
- Aftercare
- Alumni Programs

Joliet

- Intensive Outpatient Treatment
- Outpatient Treatment
- Aftercare
- Alumni Programs

Lake Villa

- Residential Treatment
- Day Treatment
- Aftercare
- Alumni Programs

Skokie

- Intensive Outpatient Treatment
- Outpatient Treatment
- Aftercare
- Alumni Programs

Springfield

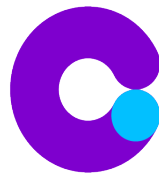
- Detox Treatment
- Residential Treatment
- Triumph Program for working professionals
- Aftercare
- Alumni Programs

Springfield Outpatient

- Day Treatment
- Intensive Outpatient Treatment
- Outpatient Treatment
- Aftercare
- Alumni Programs

Swansea

- Intensive Outpatient Treatment
- Outpatient Treatment
- Aftercare
- Alumni Programs



The *gateway connect* app, which launched in 2019 as the Digital Toolkit, has grown significantly over three years. Funded by a State Opioid Response (SOR) grant and piloted at three outpatient facilities in Chicago River North, Gurnee and Joliet, the program began with two full-time entry-level peer recovery coaches accessible to clients and alumni via the app or cellphone, adding vital extended support to those beginning their recovery journey. By fiscal year 2022 the Digital Toolkit staff grew significantly, in part due to unprecedented need for virtual services fueled by a global pandemic. In addition, onboarding residential patients to the app as part of the discharge process strengthened alumni engagement and Gateway's ability to stay connected to our recent clients at a crucial time in early recovery.



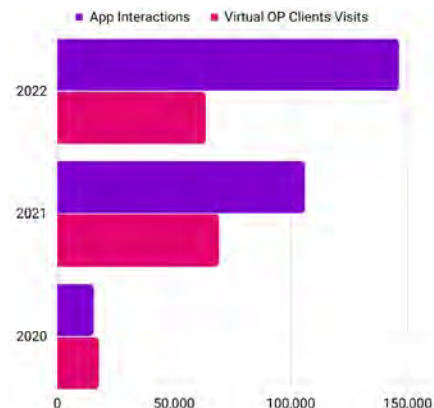
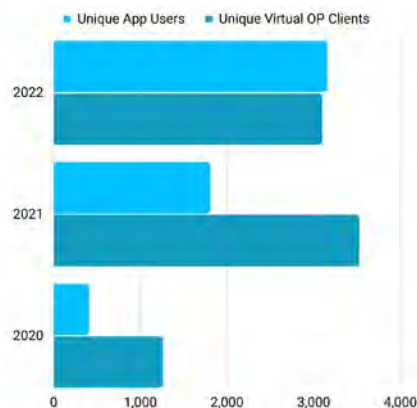
Shane Hassler

Program Director
Digital Services

The *gateway connect* app functions as a one-stop hub:

- Meditation videos
- Links to vetted recovery literature
- Gateway weekly virtual meetings
- Gateway Alumni events
- Links to 12-Step and other recovery support resources searchable by region

Increases in Illinois grant funding since the program's inception, \$200,000 in year one to almost half a million dollars in FY2022, parallels Gateway Foundation's responsiveness to rapid growth in engagement with this innovative and accessible tool, and satisfaction expressed by those in the growing gateway connect community. Gateway's impact has been rewarded and allowed us, in turn, to help more people. A full-time Director of Digital Services, Shane Hassler, and four full time recovery coaches with lived experience now offer these services to over 6,000 people across Illinois annually.



At the onset of the pandemic, Gateway Foundation quickly mobilized to offer a more robust schedule of Virtual Outpatient options, the second component of its suite of adaptive recovery tools. A spike in outpatient clients attending these sessions reflects uninterrupted care Gateway was able to offer during the height of the pandemic, when many experienced barriers to outpatient and residential treatment. Between 2021 and 2022 shifting safety protocols have allowed many clients to return to the live group sessions most effective for their personal treatment plans, while we are still able to remove barriers to equitable care for those with genuine obstacles related to rural transportation, childcare or job schedules. Gateway remains nimble as new health concerns arise with options to best serve our clients, while keeping our physical spaces safe for all.

Staff Spotlight

Winston Henry

Gateway Foundation welcomed Winston Henry as its next Executive Director of our Caseyville and Swansea Treatment Centers in Southern Illinois in 2022, but he is no stranger to the organization or to the local community.



Executive Director
Caseyville and Swansea

"I'm from the Caseyville area. My professional life and my recovery journey have each been a complete 360 for me. It was emotional when I walked through the doors at Caseyville as its Executive Director for the first time, because I had once walked through those very same doors as a client."

Henry's 35-year connection to Gateway is storied in triumphs and successes, but not without its tribulations. "I was in a real dark part of my life when at a 12-step meeting my former Gateway roommate asked me to volunteer. This was in 1993, and I had been sober for around a year at that point, so I decided to give back. I sat in the detox unit and provided support to people who were in the first phases of treatment. I wanted them to know that there is hope – if I did it, you can do it," Winston said.

As the hours of volunteering turned into days, and weeks, then months, Winston's constant presence as a support person with lived experience – long before peer counselors became an embedded, evidence-based component of Gateway's continuum of care – didn't go unnoticed.

"One day the director approached me and asked, 'You come in here a lot – why?' I told him the truth, I didn't want start using again and I wanted to let people know that they can change. There is hope. There is support. That conversation opened another door for me. I landed in the Gateway staff training program at Springfield in 1994."

What followed is an impressive arc of professional development and personal growth through the halls of Gateway programs – starting as a part-time counselor, promoted to clinical supervisor roles in Springfield's outpatient and residential programs for youth and adults, and impactful work with clients inside Illinois corrections over the year.

"Coming to work and knowing I was going to help save someone's life every day – that made my internal battle easier."

With decades of professional and recovery experience under his belt, Winston brings clear goals and informed plans for developing the Caseyville and Swansea programs to our devoted staff and those Gateway Foundation serves in the Metro East region.

"This is a close-knit community. Most of the clients that come here are local. I want to get involved in the community again, rebuild and strengthen our connections. Coming to treatment is scary – I want everyone to feel welcome."

Wager Danger

Gambling Addiction Podcast

In April 2022, Gateway Foundation launched a new podcast series, Wager Danger, exploring how gambling can affect the lives of those who engage in it - and everyone around them if it goes beyond recreation. Hosted by Shane Cook, Gateway Foundation's Gambling Disorder Program Director, and produced by Bob Ness of Sliding-Board Productions, the initial eight episodes are hosted on Apple Podcasts and include a range of interviews with clinicians and lay people.

Wager Danger uncovers the potential impacts of the legalization of gambling. As gambling has become more accessible, betting apps, video gaming terminals, casinos and lotteries are making big money. Illinois' House Gaming Committee says gaming funds approximately 5% of the state's budget in the current climate. This podcast explores the reality of when the FUN STOPS and the NEED to gamble progresses beyond entertainment.

Podcast Link: <http://bit.ly/3EGYoFr>



Shane Cook

Director and Podcast Host
*Gambling Disorder
Program*

The podcast cover art features a dark brown background with a close-up of playing cards (Ace of Hearts and Ace of Clubs) and a red die. The title 'WAGER DANGER' is in large white letters, with 'gateway FOUNDATION' below it. Three QR codes are shown, each with a platform logo (Spotify, Apple Podcasts, Audible) underneath. The text '...or wherever you listen to podcasts' is at the bottom.

WAGER DANGER

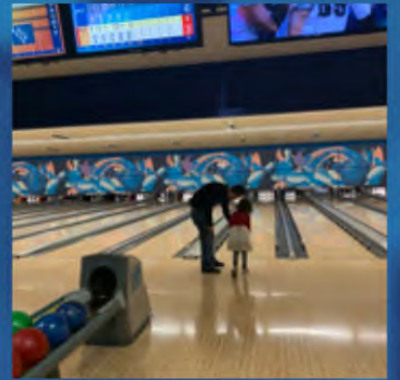
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FOUNDATION

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...or wherever you listen to podcasts



GATEWAY IN
THE COMMUNITY
TOGETHER!



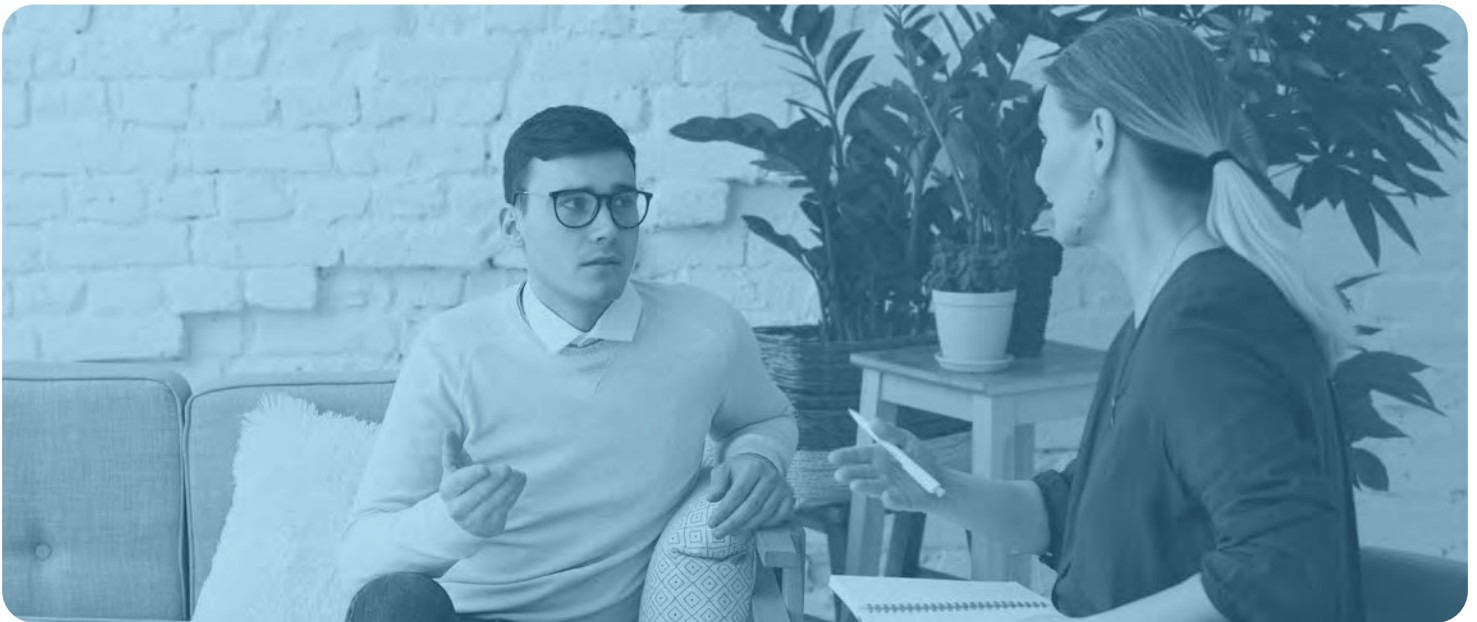


The Power of Peers

Certified Peer Recovery Specialist and Recovery Coach are two entry point positions for meaningful careers in the substance use disorder treatment sector. Both offer a solid start for a variety of career trajectories. As the country continues to struggle with workforce shortages in the healthcare industry, the peer recovery arena is tapping into those living in recovery who are seeking new career paths, and bring the valuable assets of lived experience to their work.

Gateway Foundation was borne out of in the 1960's from the efforts of nine individuals on the south side of Chicago, many with lived experience rather than professional training. In 1968 the organization became a registered nonprofit in Illinois, becoming Gateway Foundation, which began to offer a range of treatment programs to hundreds of people each year as it matured into a healthcare system. Despite its expansion into a national organization across nine states, Gateway has always valued the role of peers in helping those beginning their recovery journey and in helping alumni stay connected to a healthy community in aftercare and beyond.

By 2022, Gateway is now serving over 40,000 individuals annually between its community and corrections divisions across eight states, and via its digital services, gateway connect. The continued presence of a significant number of alumni and other individuals living in long term recovery on Gateway's frontline and administrative staffs enhances our ability to provide compassionate, informed care for our clients.



As the sector of substance use disorder treatment has evolved, so have professional training pathways to becoming a certified peer recovery specialist (CPRS) or a certified recovery support specialist (CRSS) in a variety of settings. Both types of specialists act as points of accountability and coaches for identifying and securing resources for long term health after graduating from a Gateway program. Recovery specialists are not counselors, but rather role models for self-care and practical bridge support which is critical for clients in early recovery as they navigate their way from treatment to reentry to family and work life.

These roles, in turn, have been stepping stones to clinical and nonprofit leadership careers for many Gateway staff members. The evidence of meaningful and impactful professional development of current employees is a strong team culture on the frontline, supported by Gateway's prioritizing ongoing education and clinical training for staff who wish to pursue becoming Addiction Counselors or other roles. Developing our internal workforce is particularly important amidst the ongoing shortage of qualified healthcare providers, including in our sector.

Following are just a few examples from both Gateway divisions, of brave, persistent journeys and willingness to break common stigmas associated with outdated understanding of substance use disorders and co-occurring mental health challenges, by modeling the assets of sustained recovery in the act of doing one's job.

Missy Burel



Recovery Coach
Digital Toolkit

As a proud alumna of Gateway Aurora, I was excited when the opportunity presented itself to work for a place that helped me so much in my recovery, which began over three years ago. I had decided to leave my job as a public-school teacher during treatment, while digging deep and getting to grips with what really makes me happy and what stresses me out. I wanted to construct a different kind of life and career path that was as meaningful as teaching youth, but in a very different setting. When the opportunity came up to become a Recovery Coach as part of Illinois' State Opioid Response (SOR) initiative in which Gateway has been a part of for several years, I was motivated by my own experience in early recovery to join the Digital Toolkit team.

Attending Intensive Outpatient Groups at Gateway Gurnee and Skokie, and assisting with discharge and gambling groups at Lake Villa provide me opportunities to get to know clients and to start building trust. In some cases, I go on to become a recovery coach for clients who are eligible for the State Opioid Response (SOR) qualifying tool called the Government Performance and Results Act initiative or GPRA. This is an option for clients, and many find the added accountability helpful and want to participate. I connect

with these clients and form a relationship with them to help them on their continued journey in recovery.

Lastly, but very importantly, I help plan and encourage attendance at Gateway alumni events for Lake Villa and Gurnee. Many of our free events are social and we encourage sober friends and family to attend. Currently, I host our monthly bowling and pizza nights in Waukegan, while others on my team provide opportunities to give back or advocate for accessible treatment at community events like marching in the Chicago Pride Parade, overdose awareness events like McHenry County Substance Abuse Coalition's Ride for Recovery, or speaker opportunities at recovery meetings.

The most important things my fellow peer coaches and I provide clients and alumni are relatability, accountability and hope in a more intimate, less formal relationships than they have with their counselors. We are a small but mighty team and pretty good role models, if I say so myself! I am earning my CRSS - Certified Recovery Support Specialist - with Gateway Foundation's support. One of my future goals is to earn my CADC as I develop my career supporting those in the recovery world.

Patrick D'Alessandro



Recovery Coach
Digital Toolkit

I am an alumnus of Gateway Independence and began my recovery journey 7 years ago. Lived experience is respected and trusted in a way that authority figures in treatment are sometimes not to begin with for clients. Peers on staff or in alumni settings represent what is possible after treatment; and that helps clients want what Gateway programs offer, if they really open up and commit.

Back then I was not an AA Big Book thumper, but I could relate to the importance of community for staying sober, and wished I'd had someone help me map out the first few weeks out. Alumni are not usually going out into a planned, healthy routine or environment right away. Keeping busy and staying around people who understand what you are going through can keep those in early recovery from falling into old patterns and

habits. It can be a really dangerous time for relapsing. I say this from experience, as I did not have that in place the first time I left treatment, and I relapsed. Sober housing was a huge component for me the next time around. Having a regime, a schedule, a community of peers. Gateway colleagues and I work to help clients who need that next step find a recovery home if we cannot accommodate them, so we work with a number of sober housing partners as well.

Being a peer recovery specialist, I can be that 'incentive guy' for my clients once they graduate and I can also get them connected to a community where they can be supported while also giving back. Being a constant at alumni meetings at all of our Chicago sites, including our recovery homes, at Independence and Kedzie House, is core to my work.

Troy Green



Recovery Support
Coordinator
Digital Toolkit

At a one-on-one with my counselor during recovery, he shared what he had been through, which was a lot, and I thought, if he can make it through all that to be here helping me, maybe I could do the same for someone else. I had never thought there was a really a way out before.

Fear was the biggest obstacle - I was going to have to go back to school. I had dropped out of college in 2005 when I became consumed by drugs and alcohol. I really had to confront the gap between what I wanted and what I needed to do in order to get where I wanted to go. I had to re-build my own confidence. I had worked in retail for 16 years and knew how to maintain a schedule-that was transferable.

But it has been a slow process. The only way I could move forward was the chunk out my goals and take them one at a time. I mean, my first desk was a TV tray. I had to type my reinstatement letter on a phone - I didn't have a laptop. But then I found a small desk online and painted a corner of my apartment, pinned up posters, and created a space that felt like an office - now I have an office - and a laptop. I found gifts I had disregarded, like an autographed photo of Chicago CUBS player Ron Santo. My dad had given it to me, but I had held a grudge against

him because he was not in my early life. I started to let go of what was not helping and reclaim what was valuable.

I began volunteering at Gateway a month before the pandemic lockdown in the spring of 2020, running Zoom "Bridge" meetings for graduates in early recovery, and soon after began my professional work as a part-time counselor at Stepping Stone on the weekends. With this experience under my belt, I was hired by Shane Hassler to be the Peer Recovery Specialist for Aurora and Joliet and eventually Downers Grove, which I share with Missy. I collaborate with alumni coordinator Lucy Gabinski-Smith on events in Aurora including the annual fall Walk for Recovery and am excited about potential leadership and volunteer opportunities for our alumni as live events ramp up again.

I recently earned a BA in general studies with a focus on counseling and sociology, as well as my CRSS - Certified Recovery Support Specialist with Gateway Foundation's support. My next goal is to earn my CADC and then a Master's in Counseling. Fear is not my obstacle anymore, having enough time is! Giving back to the recovery community helps me in my own recovery.



Peer Recovery Specialists in Wyoming Corrections

Joe Coykendall



Certified Peer
Specialist
Wyoming Corrections

Some Gateway Foundation alumni who may not be eligible for parole for 10 years plus, or ever, are earning their credentials as Certified Peer Counselors through a Wyoming Gateway Corrections pilot program launched in August, 2021. With ongoing support from Gateway Corrections Wyoming Director Frank Craig, one of our Peer Recovery Specialists has successfully stewarded several cohorts of men and women serving long or life sentences through certification training in three of the Equality State's five prisons over the past year.

The driving force behind this project is Wyoming-born Joseph "Joe" Coykendall, who calls himself a "40-year research project". He also calls himself a miracle. He grew up in a family with generational addiction, domestic chaos, and multiple geographical moves. He was arrested 25 times and ultimately served time in a California prison.

"A California corrections Intensive Treatment Unit is not an easy place to be, but I was grateful. I was suicidal. I finally started to learn about loss and grief. My spiritual life began again 16 years ago and my higher power, which is my spiritual belief, is my foundation. [This higher power helps] us choose our own path. I do it one day – or heartbeat – at a time when I am overwhelmed with negativity. I play the tape forward. And I honor my commitment to AA and that community through service work. These are core pieces of my recovery."

Coykendall began his professional life following a major paradigm shift, as he made the choice to enter a 2 ½ year full spectrum treatment at the Phoenix House of Orange County, California, progressing through multiple levels of care. He is still active with Phoenix House Alumni today. While continuing on an educational path to additional credentials, he acquired skills and experience in the community corrections and probation arenas, eventually joining Gateway Corrections Wyoming in 2016.

He holds a Master and Forensic Endorsements as a Certified Peer Counselor Specialist. Modeling through his lived experience, including persisting with his recovery journey after a traumatic event triggered a 6 month relapse some years ago, is a strategy he hopes to instill in his students.

"I see the sense of self-worth of these incarcerated men and women develop, and the environment at the penitentiary shifts for them. Some of these people will never live in a public community again, so serving as peer counselors is one way for them to use their life experience to give back to others who will re-enter and will have an opportunity live in a new way."

Currently, the new program training occurs 7- 8 hours a day, over a 40-hour week, and is designed to accommodate other obligations participants have to the Department of Corrections. Coykendall worked with Recover Wyoming to revise its manual that is used as the backbone of the course to better suit the corrections setting. Training also includes basic education about recovery, role plays, open ended question and answer sessions, and other participatory activities.

Eligible candidates for the program must complete an application, an interview and maintain good standing with the Department of Corrections, as well as have lived recovery experience. Initial certification fees are currently covered by Recover Wyoming, but Gateway aims to secure funding to ensure our pioneer Corrections Peer Counselors can obtain annual recertification and potentially work towards additional credentials. Their ongoing participation in Gateway's corrections programs, including the Young Offenders Program for men 18-26, will reinforce the experience for those starting their recovery journey within therapeutic communities in our corrections programs.

Frank Craig and Joe Coykendall presented their early findings about the program's first year to their peers at The National Association of Peer Supporters Conference, "The Value and Values of Peer Support", in Dallas, Texas, October 19 - 21, 2022. Gateway Foundation is proud to support the innovative and aspirational thought leadership they bring to the future of our innovative and hope amplifying programs.

Corrections Highlights

Over the past year, the Gateway Corrections Division has focused on a 'return to service' as the world's response to COVID 19 has shifted from the pandemic phase, to an endemic health issue that must be navigated while we seek to provide life-saving care to those suffering from the impact of substance use disorders.

We saw a significant increase in the number of clients served in this period – due in part to successfully re-establishing in-person care across the Gateway Corrections landscape. Staff has worked with our corrections partners across all markets to develop new service schedules and alternate delivery paradigms to effectively meet presenting needs. As a result of that strategic reinvestment in program design, Gateway has seen significant organic growth in several markets.

In addition, Gateway's evolving expertise and long-standing commitment to criminal justice-involved populations, has paved the way for further expansion. In 2023, Gateway is adding four new institutional programs to our footprint in Missouri, and was recently awarded the state-wide contract for 12 Residential Substance Abuse Treatment (RSAT) programs for the Georgia Department of Corrections. These two opportunities alone increase Gateway's ability to provide quality SUD treatment services to thousands more daily.

On behalf of Gateway Foundation, I want to recognize and thank our growing Corrections Division staff, who have each made this calling their life's work. In every state and setting in which we work, they help our clients not only believe in the possibility of change, but provide them with the skills and information that empower them to transform their lives. I look forward to another year of providing excellent service together!



Gregg Dockins, CCJP, LCDC
President, Corrections Division

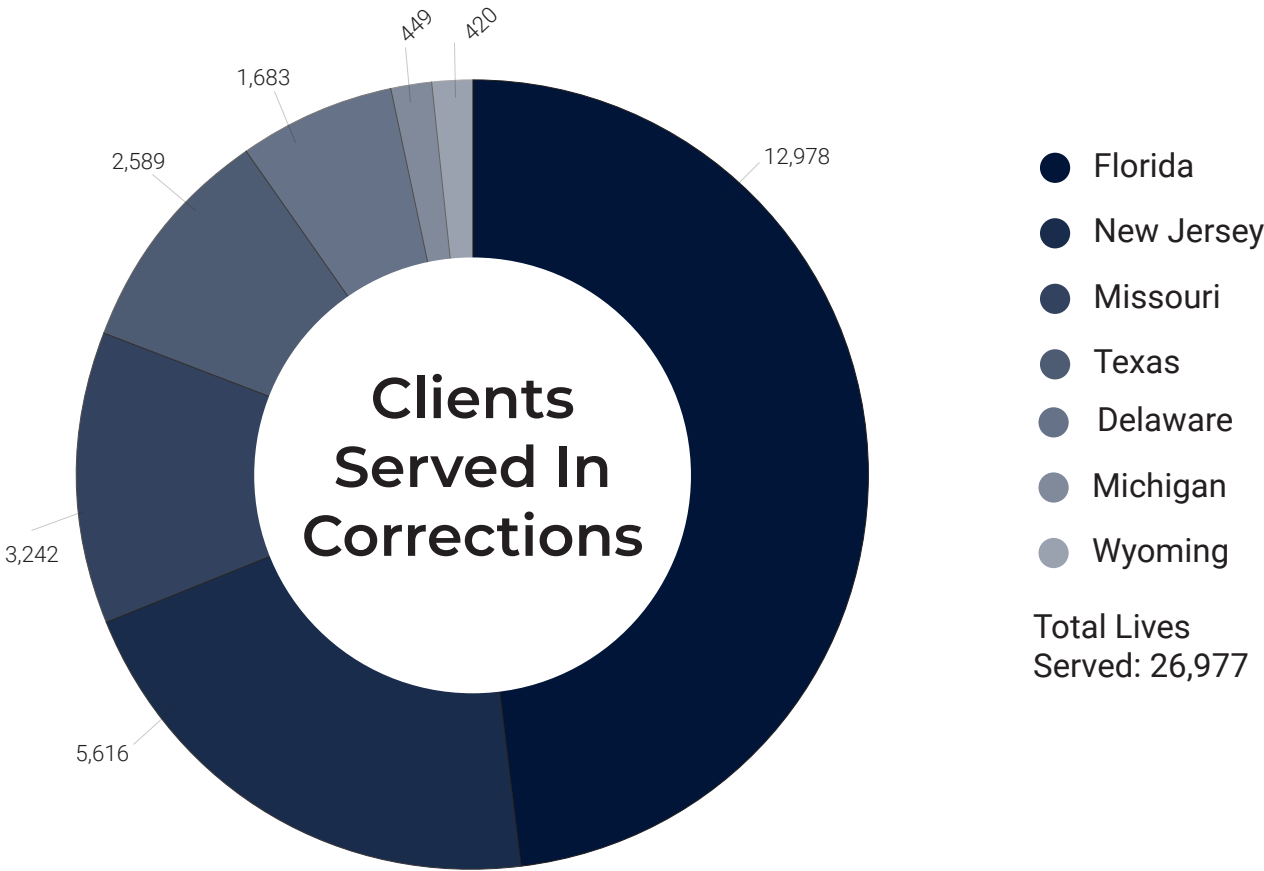


Gregg Dockins
President
Corrections Services

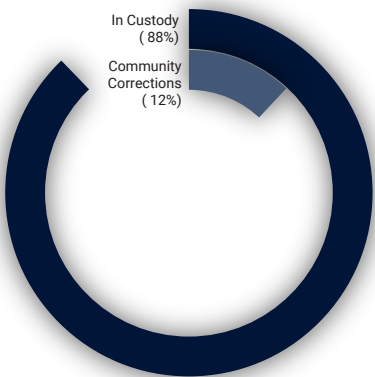


Corrections Overview

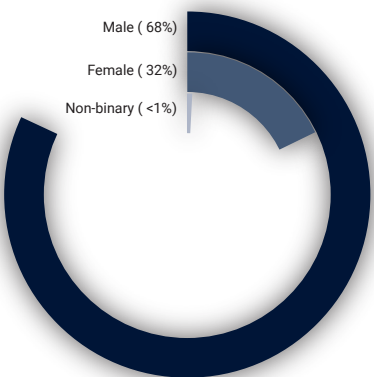
2022 CLIENT SATISFACTION RATES



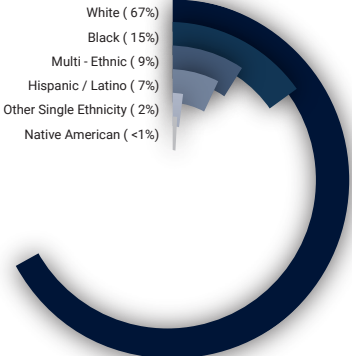
Treatment Setting



Gender



Ethnicity



IC&RC Board Award

Frank Davis

Frank Davis, Regional Director of Corrections Division Operations, and one of Gateway's longstanding leaders based in Texas, was awarded the prestigious International Certification and Reciprocity Consortium Board of Directors Excellence Award for exemplary work, commitment, and dedication to IC&RC and the field of Substance Use and Recovery Professionals in 2022. This worldwide network of over 50,000 professionals has been promoting public protection by setting standards and developing exams for credentialing prevention, substance use treatment, and recovery professionals since 1981.



Regional Director
Corrections Operations



This is the first year we've presented the award. We chose Frank to be the inaugural recipient because of his advocacy for the Certified Criminal Justice Professional credential. During the time he's been involved with IC&RC, Frank has been committed to the important role IC&RC plays as more people seek credentialing in the field of addictions services.



Tim Cesario, Chair
IC&RC Board of Directors

Corrections Staff Awards

New Jersey

- Donna Thrasher-Gergasko, Counselor 2: Mid-State Correctional Facility Civilian Employee of the Month, July 2021
- Rosalinda Spinks, Administrative Assistant, Mid-State Correctional Facility: Civilian Employee of the Month, August 2021

Missouri

- Cindy Johnson, Program Director, WERDCC: Non-Custody Employee of the Month, November 2022

Florida

- Dan Eberlein, Program Director, Marion CI: Employee of the Month, March 2022

Staff Spotlight

Gayle Cleland

One hears words like curious, uplifting, balanced, and open when colleagues speak about Gayle's professional arc. Colleagues appreciate how her engaged leadership style, since she was promoted to Director of Gateway's program at the Ozark Correctional Center in Missouri in 2019, impacts the culture inside the facility – including Gateway's upbeat office décor. Gayle began working in group homes for youth and working with the adults with mental health challenges after completing her degree in criminal psychology. These two threads came together when she ended up at Gateway, where she was captivated by the idea of helping incarcerated individuals recover and prepare for healthy, productive lives outside of institutionalized settings.



Corrections Director
Ozark Correctional Center, MO

Ozark Correctional Center (OCC) houses up to 650 men at any given time in what is known as a Therapeutic Community (TC), where everyone there is participating in treatment. Gayle says "community is the agent of change" and "no more victims" have always been central guiding principals at Gateway's program at OCC. Both mottos are rooted in the belief that peers can be the most effective catalysts for each other's growth. "About a decade ago there was an evidence-based paradigm shift from a boot-camp-like TC model to what is known as a Collegiate Model. There are four quarters each year, electives and core courses, and seasonal milestones and celebrations which gave clients opportunities for personal agency, teamwork and joy. One important core curriculum component is Cognitive Behavior Intervention. Most of the men are in their final months before reentry. So, this is a period to prepare for maintaining their recovery by really internalizing personal habits and confidence about prioritizing and decision-making. Participating fully in the program affords them the best chance of a healthy re-entry, sometimes after a very long time inside in other facilities prior to arriving at OCC."

Gayle Cleland's 16-year career in Gateway's Corrections Division reflects a personal journey that embodies all five of the organization's core values: compassion, opportunity, teamwork, evolving and integrity.

"Another evidence-based, innovative curriculum we use, *Castles in the Sky*, was developed by my mentor and supervisor for many years, and one of Gateway Corrections' legends, Dr. Duane Cummins. *Castles* focuses on developing the habits of non-recidivating ex-offenders which he codified through years of research with that population. And I have now introduced the *Gogi Way* by coach Marla Taylor, which focuses on uniting communities by positive decision-making rather than the group breaking down an individual." Compassion and integrity, central compasses for both of these programs, are core values Gateway wishes to instill in its clients by example in both its divisions.

"That growth mindset can help us be good partners for the Department of Corrections too. We have a lot in common. When you walk out that gate at the end of the day, it can be lonely when even the people closest to you cannot really understand the work you do in this isolated environment. So inside, we try to

really hear and see our Department of Corrections colleagues, our Gateway colleagues, and the clients, while also respecting clear roles and boundaries. We help each other grow in this way. As a counselor early in my career, Dr. Duane Cummins, gave me many uncomfortable opportunities he knew would make me grow. He sometimes recognized my potential before I did because he really heard and saw me!" Community is the agent of change.

When asked what personal growth looks like for her now, Gayle laughs and says, "Making sure I honor time with my husband and two children, and caring for my own health now, instead of waiting until I retire! And learning to delegate to my strong, capable team - Duane taught me to do that too! I feel lucky to be here. When I accepted this job, I thought I was going to do good work to put bread on the table - but now, when I think about the number of people we have helped, I feel blessed."

Illuminating Wellness Annual Benefit 2022

On May 26, 2022, a lively group of 200 advocates, partners, alumni, staff and donors gathered in the gorgeous Elizabeth Morse Ballroom of the Chicago History Museum overlooking Lincoln Park in Chicago. The excitement of being in each other's presence after more than two long years was palpable. Board Chair Andy Smith and Interim President & CEO Marc Turner acknowledged how devoted Gateway staff in both Community and Corrections Divisions had remained as year two, and then three, of pandemic challenges unfolded for the healthcare sector. They celebrated the thousands of clients and alumni who kept showing up each day on the road to recovery during this time, and remembered the many we lost to COVID related circumstances, including overdoses, relapses and suicide.

The original Geico Caveman, John Lehr, brought laughter to the room with a lighter side of recovery, as he shared stories from his personal recovery journey, including the creation of his own family and new chapters to his creative and professional life. As folks flocked back into the spring sunshine, it was clear we needed to build in more time for simply soaking up the power of being in each other's presence in 2023!





2022 Blaze Honorees, individuals recognized for their staunch advocacy for our sector included IL Senate President Don Harmon, who has been a longtime advocate for accessible substance use treatment, and IL Representative Barbara Hernandez (Aurora) who helped secure 9.2 million dollars for the construction of a much-needed recovery home adjacent to Gateway's existing in and outpatient location. In addition, two generations of the Larson family came in from across the country to accept the 2022 Incandescence Humanitarian Award on behalf of their parents, former board member Gaylen and his wife Joanne, who left a significant bequest as members of the Richard B. Ogilvie Legacy Society. This gift will help fund the realization of plans for trauma-informed healing gardens designed by Pam Self and The Larson Illuminating Wellness Center designed by MKB Architects at Gateway's flagship Lake Villa campus.

YOUNG PROFESSIONALS BOARD



Gateway's Young Professionals Board, a fund and awareness raising volunteer wing of the Development Committee, kicked off last year's giving season with their second annual virtual Trivia Night in November 2021. The group brought many new supporters to Gateway, even in the midst of the pandemic.

Founding members met in person for the first time at the Illuminating Wellness Benefit in May, and again in June, at the offices of Neal Gerber and Eisenberg, where YPB Chair and attorney Gina Shkoukani hosted both boards and staff leadership for an end of FY2022 gathering. A conversation with Gateway CMO and psychiatrist Dr. Roueen Rafeyan led to a subsequent panel on addiction medicines used in evidence-based treatment which was streamed publicly as part of Recovery Month programming in September. Gateway is grateful to MKB Architects for hosting this last event in their lovely studio and for sharing plans for several trauma-informed and accessible spaces they are designing for Gateway.

YPB member Peter Kuchan of Executive Construction Inc. managed a major day of service sponsored by his company's foundation, including tens of thousands of dollars in pro-bono labor and in-kind materials at Gateway Independence in October. Founding member Karolina Strack collected scores of coats, hats and gloves for Chicago Kedzie House in December in the second such drive she has spearheaded. The YPB's third annual Trivia Night will be hosted in spring of 2023 and is co-chaired by three of its new members.

Gateway thanks Missy Stella, founding co-chair of its Young Professionals Board, who stepped down in 2022 after spearheading the new group through its pandemic start. We are grateful to Missy for her hopeful spirit and indefatigable energy, and to Gina Shkoukani and Jay Ghesquiere for their ongoing and thoughtful leadership as Chairs. In 2023, the Young Professionals Board will be taking time to reflect on its role and priorities with the new leadership on Gateway's board, executive and advancement teams, as well as the JEDI committee.



FY2023 Young Professionals Board

Charles "Jay" Ghesquiere, Chair, 2023
Accenture, Consultant

Gina Shkoukani, Chair, 2022
Attorney, Neal Gerber + Eisenberg

Corinne Biller
Attorney, Conagra Brands

Claire Demos
Artist + Attorney

Athina Gerodias
Accenture, Consultant

Peter Kuchan
Senior Project Manager, Executive Construction Inc.

Jordan Nimmer
Mental Health Counselor, Northwestern Medicine

Arielle Townsel
*Director of External Affairs & Communications,
Metropolitan Water Reclamation District of Greater Chicago*

Karolina Strack, Honorary founding member
Government & Community Relations, Gateway Foundation

Please contact charitable@gatewayfoundation.org to learn more about joining Gateway's Young Professionals Board.

Ways to Give

One of Gateway's core values is evolving, which aptly describes the varied ways in which those who wish support our mission and work with charitable gifts may do so.

Monthly Recurring Gifts

Set up a monthly recurring gift with a credit card or your bank account on our website. Many alumni and their loved ones express their gratitude by making this regular practice of paying it forward part of their recovery. A commitment of \$12.50 a month quickly adds up to \$150 a year.

Employee Giving & Workplace Matching Gifts

When you sign up for a workplace giving program or take advantage of your employer's matching gift program, you maximize the impact your donation at any level. Check to see if your employer offers these opportunities or benefits.

Giving Circles & Crowdsourcing

Recently, many donors pool their resources through giving circles who collectively chose what to support each year. Find one near you or start your own. Online platforms allow individuals to conduct fundraisers which are sent directly to Gateway Charitable Foundation. Make sure you choose a tool which verifies that funds will come to the correct entity.

Donor-Advised Fund Grants

If you have a donor-advised fund (DAF), please consider making a grant recommendation to Gateway Charitable Foundation. There is no need to wait until the end of the calendar year!

Gifts from IRA or Retirement Accounts

If you are 70½ years old or older, you can make single or recurring gifts directly from your IRA without incurring income tax on that amount. Simply contact your IRA plan administrator, tell them the amount you wish to donate, and provide Gateway's address and contact information.

Gifts of Stock

Donating appreciated securities is a powerful way to support our work. It is imperative that you alert us about your gift of stock so we may identify it when it arrives and ensure you receive proper recognition.

Event Sponsorship

Corporate, foundation or individual sponsorship of events such as the annual benefit, next year's golf tournament, or a Young Professional Board or alumni event is a powerful way to gain public recognition for shared values and partnership with Gateway.

Tributes

Gateway often receives gifts honoring or in memory of loved ones. Please contact us if you would like to discuss a meaningful way to celebrate someone.

In-kind Donations

Please visit the Give to Gateway area of our website to see a current wish list of items and how, when and where we can accept them. Do not drop off items at our Community sites without first checking that we are able to receive them. * Please also note that Amazon Smile's passive giving program ended in January, 2023.

gatewayfoundation.org/donate/



Deirdre Harrison CFRE
charitable@gatewayfoundation.org
312-661-5587

Gateway Foundation welcomed Deirdre Harrison CFRE in January 2022, as its first Director of Advancement. Please reach out to her with any questions or concerns, and to share what motivates you to support the organization. She is happy to discuss how your charitable intentions towards Gateway's work with those struggling with substance use disorders and mental health challenges might be best realized.

Gateway Supporters

2022 Charitable Support Donors between July 1, 2021 and June 30, 2022

While every effort has been made to ensure accurate donor listings, occasional mistakes are made. Please contact us at charitable@gatewayfoundation.org with any omissions or revisions. Thank you.

\$25,000+

Maria and Andy Smith*
Impact Advisors

\$20,000+

Elizabeth Crown Foundation

\$15,000+

Executive Construction Foundation

\$10,000+

Harrington Family Fund
Liz Ogilvie Simer and Tim Simer
Perkins Coie Foundation

\$5,000 +

Francis Beidler Foundation
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Grant Thornton, LLP
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Trilab, LLC

\$2,500+

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Arla Lach*
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Rosecrance Health Network
Maureen Richnak and Larry Singer*
Linda and Richard Price
Roueen Rafeyan MD
Symetria Recovery

\$1,000+

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– Blackbaud Giving Fund
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Laura and Thomas Britton
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Teresa Garate Ph.D.
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Gary MacMath
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France Pitera*
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Missy Stella
Treatment Alternatives
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Farah Turk MD
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\$500+

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Deirdre Harrison and Eric Leonardson
Helen Kwan
Legend Services, Inc.
Steve Middleton
Tracy and Dan Molitor
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Casimir J. Pellegrini
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Amanda Staley
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The Way Back Inn
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\$250+

Amazon Smile
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Marla Berkow
Shelby Burghardt
Rachel Christensen
June Franklin
Patricia Ghesquiere
William Hill Jr.
Joseph Hooker
Tara Lane-Schmitz
Laren Lang
Paul and Heather Larson
William Miller
Mary Cesare Murphy Ph.D.*
Adrian Panas
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Dana Sapiro
James Sapiro
Gina Shkoukani
Karolina Strack
Alden Van Solkema
Lou Vitollo
Robert Witt

\$100+

Anonymous
Lori Alexander
Jacob Behnke
Amy Biancheri
Melissa Black
Rex Christensen
Cheryl Curtis
Kasey Dale
Donald Frank Davis
Maria Louisa Dela Cruz
Nina Dela Cruz
Donna Dickson
Express Employment Specialists
Fresenius Kabi
Rose Galloway
James Geocaris
Charles "Jay" Ghesquiere
Margaret Grazevich
Nicole Guido
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Lindsey Harrington
Robyn Hentz
David Herout
Cathy Hesser
Alexa James
Yolanda Johnson-Davis
Christopher Keys
Joseph Klauke
Jennifer Koehler
Nancy Kosek
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Shelley Reimann
Barbara Schmidt
Kristine Spencer

Tinamarie Stella
James S. Stephan
Pamela Sue Stumpf
Andrius Susinskas
Melissa Rae Szlembarski
Beatrice Tabacchi
The Thompson Family
Laura Tierney
United Way of Central IL Inc.
Samuel Laflamme Vachon
Woodland School District #50
Mary Woods
Susan Woodsome
Ed Ges Van Woudenberg
Connie Verduzco

Up to \$99

Gary Albers
Steffani Alexander
Eric Alvarez
Samantha Berg
Sheri and Richard Besse
Jerry Biederman
Corey Biller
Courtney Bishop
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Harte Brick
Nancy K. Brown
Joan Bundley
Amy Burkhardt
Lauren Burroughs
Deborah Butcher
Chaquitta Carr
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Erin Doyle
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Scott E. Evenbeck
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Heather Ferguson
Christina Ferris
Cheryl Dykas Fierke
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Patricia Fraser
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Sarah Vetrano
Joshua Victor
Abigail Vogt
Mia Wagner
Michael Wilkey
Flo Wilson
Gregg Witt
Jeremy Wright
Michele Young
Robert Zimelis

** Denotes 2022 Board Director*



Richard B. Ogilvie -Legacy Society

Individuals who have honored Gateway through their planned giving.

Malisa W. Janes RhD | Gaylen and Joanne Larson | Richard B. Ogilvie

Please contact us with questions regarding bequests to Gateway Charitable Foundation or to request additional information that might be helpful to you and your attorney as you consider supporting our life saving work.

If you have included a bequest for Gateway Charitable Foundation in your estate plan, please contact us to let us know. We would like to thank you and recognize you for your gift.

**Gateway Foundation Inc.
Gateway Charitable Foundation**

**Central Office
312-663-1130**

**55 E. Jackson Boulevard, Suite 1500
Chicago, IL 60604**

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