

REHAB REFERRAL GUIDE CHECKLIST



THE ROLE OF PRIMARY CARE IN ADDICTION REHABILITATION

As a health care provider, you can help patients with addiction by providing the following:

- Identification and assessment of **addiction indicators**.
- Making referrals** for treatment centers and coordinating care.
- Early intervention.
- Supporting co-occurring conditions.
- Recommending treatment.
- Monitoring recovery progress and **following up**.

WHEN TO REFER PATIENTS FOR ADDICTION TREATMENT

A few signs it's time to refer patients for addiction treatment include:

- The patient shows **behavioral signs** indicative of substance use disorder.
- The patient has experienced **relapses** following medical detoxification.
- The patient is **unwilling or unable** to adhere to an outpatient treatment plan.
- The patient is regularly experiencing **negative health effects**.
- The patient **requires additional support** for co-occurring health conditions.
- The patient's previous treatments were **unsuccessful**.



HOW TO REFER PATIENTS FOR TREATMENT

Here's how you can refer patients for treatment and monitor their recovery progress:



Initial assessment

Knowing the warning signs and symptoms of substance use disorder can help you **screen and identify** at-risk patients who may need help. Timely intervention is crucial for your patients' success. You'll want to **engage in nonjudgmental conversations** about substance use and express your concerns to show patients the importance of seeking treatment.



Active participation

You can actively participate in your patient's recovery by providing treatment center options and maintaining a warm handoff when they decide to pursue care. **Sharing essential information with the patient's chosen treatment center** can ensure a smooth transition and continuity of care. After receiving consent, you can establish clear communication channels with their treatment provider.



Follow-up confirmation

After developing a treatment plan, you should confirm that they understand the timeline for interventions and any potential challenges that may arise. **Address their questions or concerns** and support your patient through the referral and treatment process.