



Alcohol & Drug  
Treatment Centers

# New Beginnings

2015 ANNUAL REPORT

**G**ateway Foundation has grown to become the largest independent, not-for-profit provider of community and in-custody substance use disorder treatment across the nation. Begun in 1964 as Citizens United to Rehabilitate Addicts, we treated 60 individuals in that first year. Today, Gateway programs treat an average of 10,000 people per day in more than 43 locations across the country.

Our substance use disorder treatment programs serve men, women, adolescents, justice-involved individuals, and persons with special needs, including those with co-occurring substance use and mental health diagnoses. Gateway believes that people can and do recover from substance use disorders and that lasting recovery is achieved by tailoring treatment to the individual and focusing on the underlying causes of addiction. Our programs heal families and return healthy and productive citizens to their communities.

The individualized treatment programs delivered by Gateway's highly qualified clinicians are evidence-based and continue to evolve with the rapid increase in scientific addiction research. The quality of care we provide has earned us numerous awards as well as accreditation from The Joint Commission, the leading accrediting body for healthcare organizations.

Realizing that our role as a leader in the field extends beyond direct treatment services, Gateway strives to educate policy makers and the public about key issues related to addiction and mental health treatment. In this time of tremendous healthcare and justice system reform, we are committed to being a voice and a champion for those suffering with substance use disorders.





## From Our Chairman

Fiscal Year 2015 was a year of significant change as Michael Darcy, President and CEO, retired after 46 years with Gateway Foundation. The organization thrived under his leadership and our distinct reputation is part of his legacy. Understanding the need for a dynamic new leader, the Board thoughtfully selected Dr. Thomas P. Britton for the position with a solid confidence he will successfully lead Gateway into a new era of dynamic growth and delivery of quality services to even more individuals in need.

Dr. Britton came to Gateway's helm in May 2015. His personal mission aligns with Gateway's and his career has been dedicated to making a difference for those in need of help. With more than 20 years' experience spanning from direct service to executive leadership, Dr. Britton has the expertise and passion to lead Gateway, especially in a time of significant reform. He is committed to offering the best, most innovative and cost effective treatment opportunities to individuals and families living in the communities we serve and to those involved in the criminal justice system.

Dr. Britton is truly a visionary with an inclusive management style that inspires others to do their best. He has spent the past few months immersing himself into learning Gateway's operations and building relationships with employees and the business community. We are confident in Dr. Britton's ability to carry out Gateway's mission for an even brighter future.

We hope you will find inspiration in the stories shared in the 2015 Annual Report, which show the commitment of our clients and employees in their journey to finding a new beginning. We are exceptionally proud of what we accomplished in the last year and are excited for what the new year will bring. We are indebted to the Gateway staff and thank them for bringing Gateway's mission to life every day. We would also like to extend our gratitude to our Board of Directors who provide oversight, support and guidance to our operations.



A handwritten signature in black ink that reads "Glenn B. Huebner".

Glenn B. Huebner  
Chairman  
Gateway Foundation Board of Directors



A handwritten signature in black ink that reads "Dr. Thomas P. Britton".

Dr. Thomas P. Britton  
President & CEO  
Gateway Foundation

A photograph of a man and a woman from behind, embracing each other. The man is wearing a blue denim shirt and has his arm around the woman's shoulder. The woman is wearing a yellow sweater. They are looking out at a bright sunset or sunrise over a body of water. The sky is filled with soft, warm light and clouds.

# In Recovery - Paying It Forward

A CLIENT SUCCESS STORY

**E**verett G. abused alcohol and crack cocaine for about 20 years. He let down his extended family, his children and their mother. He felt like he was in a boxing ring, fighting a 12-foot monster.

"I'm in the ring and I'm not even swinging any more – just taking punches, and I'm wondering why nobody threw in the towel, why nobody's helping me. I turn around and look in my corner and I notice there's nobody there, nobody at the fight with me. So on December 10, 2013, I had the bright idea to get out of the ring."

Everett went in and out of six different treatment facilities before he found his way to Gateway.

"Participating in treatment at Gateway was one of the best experiences of my life. I knew I needed help again and I'm glad I went to Gateway," Everett said.

While at Gateway, Everett felt a level of love and caring he had never experienced before—a feeling he was ready to receive.

"Everyone was so approachable and I could go to anyone with a problem," Everett said. "The level of caring is just over the top."

He said the coping skills he learned at Gateway prepared him for the "boxing match" he knew he'd have for the rest of his life. During his treatment, he learned the best way to survive the fight was to stay out of the ring—"away from people, places and things" that could bring him down.

After completing treatment, Everett went to a halfway house and began the second phase of his recovery, during which time he participated in outpatient programs at Gateway.

"The aftercare programs definitely set Gateway apart. The programs and people are there for you when you need the support," Everett said.

He also participated in Gateway's Alumni Program and chaired its Leadership Team, reaching out to those who have completed treatment to give them support in their recovery. The new friendships he's made through his connection to Gateway

have been a great addition to his life.

Everett offers his interpretation of the significance of Gateway's name: "they're saying, 'walk through this door - start a new beginning and change your life.' They provide the gateway, a process to live by."

*"PARTICIPATING IN TREATMENT AT GATEWAY WAS ONE OF THE BEST EXPERIENCES OF MY LIFE. I KNEW I NEEDED HELP AGAIN AND I'M GLAD I WENT TO GATEWAY."*

**Everett G.  
Gateway Alumnus**

# Our Commitment to Quality

EMBRACING THE LATEST IN ADDICTION SCIENCE TO ENSURE THE BEST OUTCOMES



## ACCREDITED

Achieving the highest quality standards of The Joint Commission.

## EVIDENCE-BASED

Providing counseling and therapies which are empirically proven to work.

## HIGHLY RATED

Receiving a 96% satisfaction rating from clients & families.\*

## EXPERIENCED

Offering personalized care with credentialed addiction specialists.

## ADVANCED

Applying EMR technology and data analytics to improve clinical care.





# Integrated Substance Use Disorder Treatment for Mind, Body and Soul



## HOLISTIC

- Mindfulness-Based Sobriety
- Recreational Programs
- Family Support Programs

## EVIDENCE-BASED

- Cognitive Behavioral Treatment
- Trauma-Informed Therapies
- Medication-Assisted Treatment

## INDIVIDUALIZED

- Comprehensive Assessment
- Residential, Outpatient and Aftercare Programs
- Men, Women, Adolescent, Co-Occurring

Our specialized residential and outpatient addiction programs give individuals the skills and knowledge they need to overcome addiction and get life back on track.

## CLIENTS TREATED

**12,665**

## BY GENDER

**71%**  
Male

**29%**  
Female

## BY ETHNICITY

**59%**  
Caucasian

**30%**  
African-American

**8%**  
Hispanic

**4%**  
Other

## LOCATIONS

### ILLINOIS

Aurora  
Carbondale  
Caseyville  
Chicago Kedzie  
Chicago River North  
Chicago West  
Lake Villa  
Pekin  
Springfield  
Swansea

### DELAWARE

Delaware City

## PROGRAMS

Adult Men  
Adult Women  
Adolescent Boys  
Adolescent Girls

Basic and Intensive Outpatient  
Day Treatment  
Residential  
Residential Co-Occurring  
Bridge Program (Ages 18-23)  
Aftercare and Alumni  
Recovery Home

## BY PROGRAM SETTING

**49%**  
Residential



**51%**  
Outpatient

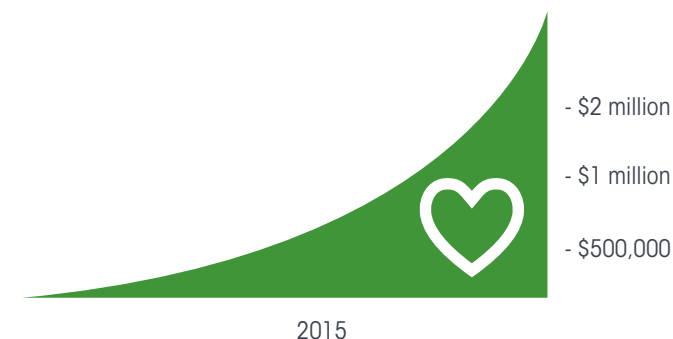
## BY AGE

**92%**  
Adult

**8%**  
Youth

## CHARITY CARE

Over \$2 million in charity care provided to those unable to pay.





We have a history of providing programs that dramatically reduce recidivism and successfully reintegrate offenders into communities as productive citizens.

## CLIENTS TREATED

**19,664**

## BY GENDER

**80%**  
Male

**20%**  
Female

## BY ETHNICITY

**47%**  
Caucasian

**35%**  
African-American

**17%**  
Hispanic

**1%**  
Other

## LOCATIONS

### MISSOURI

Bonne Terre  
Bowling Green  
Chillicothe  
Fordland  
Kansas City  
Maryville  
St Joseph  
St. Louis  
Vandalia

### NEW JERSEY

Annandale  
Bridgeton  
Clinton  
Delmont  
Newark  
Yardville

### TEXAS

Brownwood  
Breckenridge  
Burnet  
Dayton  
Gatesville  
Hondo  
Houston  
Huntsville  
Kyle  
Richmond  
San Diego

### WYOMING\*

Torrington  
Riverton  
Newcastle  
Lusk  
Rawlins

\*Operations Began July 2015

## RETURN ON INVESTMENT

Gateway's in-prison treatment programs can provide a

**103% to 376%**

return on investment as compared to incarceration costs.

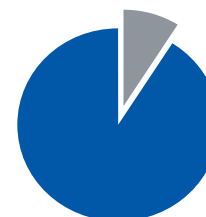
## CLIENT SATISFACTION FOR IN-CUSTODY PROGRAMS\*

**91%** Clients were satisfied with treatment.

**96%** Clients who felt a positive therapeutic alliance with their counselor.

## BY PROGRAM SETTING

**91%**  
Inside Prison Facility



**9%**  
Adult Community-Based



# A Mother's Thank You

A CORRECTIONS SUCCESS STORY

The following is a letter Gateway received from the mother of a client in Ozark Correctional Center in Missouri...

*"I have cried so many tears through the years. My son has spent nearly 15 years in prison and I think that at some point I had come to realize he would never come home to stay. It was a miserable realization. He has told me so many times how he is changing, but nothing ever changed until now.*

*It's not what he is saying so much as it is that I hear him speak with a different voice. I hear the voice of a changed man. It's not just his mother speaking either. His wife and his son have even mentioned how different he seems and sounds.*

*Thank you, Gateway, for all that you have done... and for caring enough to do the work you do. Society is more than willing to write off men like my son, stick them in prison, and forget about them. I realize that you could do the same thing, just show up to work every day and clock out at the end of the shift. Nobody pays you to care.*

*Gateway is different. That seems to just be a part of who you are. I needed you to know the work you do matters in a very big way. I am starting to see my son in a way I have spent too many years fearing I would never see again. God bless you!"*

*"I AM LEAVING HERE (PRISON) A DIFFERENT MAN THAN WHEN I CAME. IT'S NOT JUST THAT SOMETHING HAS CHANGED, BUT EVERYTHING HAS CHANGED. I DON'T KNOW WHEN IT HAPPENED, OR EVEN HOW IT HAPPENED, BUT I DO KNOW THAT THE MAN RETURNING HOME IS NOT THE MAN THAT LEFT OVER A YEAR AGO. THANKS GATEWAY. I CAN TRULY SEE MY CASTLE AND I KNOW HOW TO KEEP IT STANDING STRONG."*

**In-custody Client**

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*"THE MOST IMPORTANT THING I REALIZED WAS THAT TOMORROW DOES NOT HAVE TO BE WHAT YESTERDAY WAS. THEY SAY IT OVER AND OVER AGAIN HERE AND IT FINALLY HIT ME, I DO HAVE THE POWER TO CREATE A NEW TOMORROW"*

**In-custody Client**

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*"I HAVE WORKED WITH SEVERAL PUBLIC AND PRIVATE TREATMENT PROVIDERS, AT BOTH THE FEDERAL AND STATE LEVEL, AND HAVE FOUND THAT THE GATEWAY PROGRAMS ARE AMONG THE BEST RUN PROGRAMS IN THE NATION AND CONSISTENTLY PROVIDE THE HIGHEST QUALITY TREATMENT SERVICES. GATEWAY'S LEADERSHIP IS TO BE COMMENDED FOR PURSUING A FORWARD THINKING APPROACH WITH RESPECT TO ADAPTING EVIDENCE-BASED PROGRAMMING AND EVALUATION."*

**Kevin Knight, Ph.D.**  
**Associate Director**  
**TCU Institute of Behavioral Research**





# Finding New Life and an Inspiring Career

A COUNSELOR'S SUCCESS STORY

**W**hen Dianne Robinson first came to Gateway 18 years ago, she found the tools she needed to break free of her addiction. When she returned a few years later, she found a new career helping others.

"I was just tired of living such an unhealthy lifestyle and although it was a long time ago - my counselors gave me the tools I needed — how to cope with different emotions, how to set goals—all of those things we teach our clients today," Dianne said. "They taught me those same skills."

After Dianne successfully completed her treatment she worked in various jobs, but after a few years, she realized she was ready for a new career. She came back to Gateway as an employee, starting as a Chemical Dependency Technician.

Her career became a newfound passion. She began taking college classes, with help from Gateway's tuition reimbursement plan.

"Once I realized how much I enjoyed helping people I knew I had to go back to school," Dianne said. "Today, after many years of schooling, I have a Master's degree in social work and I'm

also a licensed clinical social worker. Gateway helped me a lot during that time."

Today Dianne is a clinical supervisor, overseeing a team of counselors and working directly with clients.

"In addition to working at Gateway for 15 years I have about 18 years of sobriety myself so I know the treatment works," Dianne said. "Because of the help I received, working at Gateway is my way of giving back to help other people."

When she shares her story with clients it's always in the third person. She'll tell them she knows of a woman who went through the same struggles but was able to turn her life around.

"Knowing there is a chance I can help one person today—that inspires me. I see many clients with a negative attitude, who are in bad shape when they arrive," Dianne said. "After a week you start to see the changes in them — in their skin, they're getting their color back, they're eating and they're smiling—and the smile they give me, there's nothing like it - it just makes me feel good, deep down."

*"KNOWING THERE IS A CHANCE I  
CAN HELP ONE PERSON TODAY—  
THAT INSPIRES ME."*

**Dianne Robinson, MSW, CRADC, MISA I**  
**Clinical Supervisor**  
**Gateway Lake Villa**

*"I am truly thankful to have found my way to Gateway. The entire staff has treated me with dignity and like a family member...they all have helped save my life! I sincerely hope that anybody who needs help with substance abuse finds their way to Gateway."*

Terry  
Gateway Alumnus

*"I really appreciate Gateway for continuing to work with me (while incarcerated) and for helping me to realize there's another way to deal with problems besides getting high. There's a lot of support here from the counselors and everybody wanting to see you do right and continuing to encourage you even when you struggle."*

In-Custody Client



## Board of Directors

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To get help call our 24/7 hotline:

**877-505-HOPE (4673)**

or visit

**RecoverGateway.org**

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To make a tax-deductible donation:

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