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COMMUNITY DIVISION TREATMENT CENTERS

Accredited by The Joint Commission

AURORA - IL

Adult Residential & Day Treatment (Separate Male & Female)
Adult Intensive Outpatient & Aftercare Programs (Co-Ed)
Outpatient Mental Health Counseling

BELLEVILLE - IL

Adult & Adolescent Intensive Outpatient & Aftercare Programs (Co-Ed)
Adult Women Specialized Outpatient Programs

CARBONDALE - IL

Adolescent Residential Programs (Separate Male & Female)
Adolescent Intensive Outpatient & Aftercare Programs (Co-Ed)
Adolescent Male Specialized Short-Term Residential Programs
Adult Intensive Outpatient & Aftercare Programs (Co-Ed)

CASEYVILLE - IL

Adult Residential, Day Treatment & Aftercare Programs (Co-Ed)

CHICAGO KEDZIE - IL

Adult Recovery Home (Co-Ed)

CHICAGO NORTHWEST - IL

Adult & Adolescent Intensive Outpatient & Aftercare Programs (Co-Ed)

CHICAGO WEST - IL

Adult Male Residential & Day Treatment Programs
Adult Residential Dual Diagnosis & Day Treatment Programs (Co-Ed)
Adolescent Male Residential Programs
LSTAR (Life skills treatment & recovery) Co-Ed Care for
Co-Occuring Disorders

LAKE VILLA - IL

Adult Residential & Day Treatment Programs (Separate Male & Female)
Adolescent Male Residential Programs
Adolescent Male Residential Bridge Programs (Ages 18-20)
Adolescent Male Specialized Short-Term Residential Programs

SPRINGFIELD - IL

Adult Residential, Day Treatment & After care programs (Co-Ed)
Adolescent Male Residential Programs
Adolescent Intensive Outpatient & Aftercare Programs (Co-Ed)
Adolescent Male Day Treatment Programs

DELAWARE CITY - DE

Adult Residential & Aftercare Programs



Alcohol & Drug
Treatment

Community Division
2010 Annual Report
July 1, 2009 – June 30, 2010



Changes to Build a Stronger Future

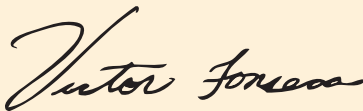
Dear Friends and Supporters,

The mission of Gateway Foundation Alcohol & Drug Treatment is to reduce substance abuse and co-occurring mental health problems. While this obviously benefits those who seek treatment, there is a ripple effect felt by families, communities and throughout society. The extent of this issue is best explained by some alarming numbers. According to the Center for Substance Abuse Treatment (CSAT) and The Substance Abuse and Mental Health Services Administration (SAMHSA), more than 28 million people nationwide abuse drugs and/or alcohol. It's not just a problem among the homeless—they comprise a very small percentage. The truth is that person could be your neighbor, your cousin, your teenager's best friend, your child's teacher, or even your doctor.

Substance abuse negatively impacts those immediately around the person in need of help. When a parent is abusing alcohol or drugs, he or she can't care for their children or spouse. When it's the breadwinner, the family's financial resources often don't go to food, housing or clothing. But the impact of substance abuse goes far beyond family members. As a society we pay millions of dollars for substance abuse in terms of higher costs for healthcare, the criminal justice system, welfare, taxes and in lives taken or damaged by violence, stealing or impaired driving.

This is why Gateway exists - we provide effective evidence-based treatment programs that are staffed by highly credentialed and compassionate professionals. Our centers offer residential, day treatment, intensive outpatient and aftercare programs. We provide treatment in program settings for men, women, and adolescent boys and girls, so that participants feel comfortable being among their peers. We cover 98% of those with insurance in Illinois, and are dedicated to fulfilling our mission by making treatment affordable for as many as possible.

The results? Society saves millions of dollars, communities are filled with more productive men and women, and families are reunited. We are proud of our work and take this opportunity to thank our expert staff and tireless Board of Directors that support Gateway in our mission to bring lasting recovery to individuals, families and society.



Victor Fonseca, Chairman
Gateway Foundation Board of Directors



Michael Darcy, President and CEO
Gateway Foundation, Inc.

When individuals come to Gateway Foundation Alcohol & Drug Treatment, they make significant changes to achieve a lasting recovery. At Gateway, we've also been making changes to build a stronger future. During the 2010 fiscal year a few notable accomplishments include expanding our specialized treatment programs to provide higher levels of individualized care, strengthening our commitment to recovery through the launch of our Alumni program and re-branding ourselves to communicate how we have changed. Gateway's revitalized message of hope and inspiration reflects not only the changes we have made, but the changes we help individuals make to build a successful future.

Re-Branding for Future Success

When individuals come to Gateway, they often credit their success to the remarkable counselors, therapists and other substance abuse professionals that help them move toward lasting recovery. In March 2010 a re-branding strategy was developed that included a marketing campaign that would highlight some of Gateway's greatest strengths.

Our new marketing campaign features the theme "Real Answers for Lasting Recovery", and it truly showcases what makes Gateway the leading provider of substance abuse treatment. By highlighting many of the caring people that work at Gateway, and sharing their experience and expertise, we demonstrate our ability to provide the answers that people seeking help really need.

We also introduced a new logo that we believe symbolizes our commitment to providing hope for those with substance abuse issues. Both the logo and the new marketing campaign reflect an inspiring, optimistic philosophy and ambience that are experienced by individuals in treatment, and the families who participate in their support.

Short-Term Program Launch in Carbondale

The Short Term Residential Rehabilitation (STRR) unit at Gateway's Carbondale Treatment Center is dedicated to treating alcohol and drug abuse in adolescent boys. The STRR program is a 12-bed unit designed to accommodate adolescents who have a solid support system in place that includes family, friends or school. The average length of stay for an individual in the STRR program is three to five weeks.

STRR focuses on a providing a unique combination of therapeutic elements that optimize the time spent in treatment. The goal of the program is to help individuals get back on track, so they can start living a better life and enjoying their family, friends and time in school. Relapse Prevention is a major program focus and begins with the first day of treatment. Family programming, another key element, begins on the first day of treatment, as well.

Essential Learning Made Easy

In March 2010, use of a new online learning tool was launched by Gateway's Human Resources Department. Essential Learning offers courses that run the gamut from clinical basics and specialties to general business skills and work environment and safety, and include HIPAA and MS Office coursework, too. This dynamic online tool is offered to Gateway employees at no cost.

Our Commitment

For more than 40 years, Gateway Foundation Alcohol & Drug Treatment has provided the answers individuals need about drug and alcohol treatment, as well as their frequently co-occurring mental health problems.

Our dedicated staff guides individuals throughout their care, making sure they receive the treatment and support necessary to achieve lasting recovery. We are also sensitive to the cost of care, and will provide affordable treatment that is within reach.

Early Engagement Unit Opened at Lake Villa Treatment Center

Successfully integrating adolescents into an intensive treatment experience requires a specialized approach that addresses their unique needs and attitudes, and differs greatly from treating adults. That is why Gateway's Lake Villa Treatment opened an Early Engagement Unit in January 2010.

The 13-bed Early Engagement Unit was specifically created to respond to the challenge of preparing adolescents for treatment. The program has a high staff-to-client ratio, and staff members have specialized clinical training and experience. The program itself is designed to provide structure, consistency and more individualized attention to adolescents who are new to treatment. There are more groups as well as individual counseling sessions to prepare each adolescent for treatment and for working well with others.

Alumni Program Launched to Strengthen Support and Recovery

Recovery is a life-long commitment and process. That is why Gateway launched an Alumni program in January 2010 that provides ongoing support and sober activities to help strengthen each individual's recovery. The new Alumni program is a growing success, as individuals and their loved ones look to Gateway for ways to help sustain a lasting recovery.

As part of our Alumni support, monthly meetings are held at each Treatment Center. Throughout the year, fun sober events such as BBQs, ice cream socials and dinner events allow Gateway Alumni, family and friends to share their experiences and hear inspiring testimonials, each drawing strength and hope from others. Many inspiring events are scheduled for the upcoming year.

Connect2Recovery is a print and email Newsletter for Alumni, family and friends that was also developed to help individuals get connected and stay connected. The newsletter makes it easy to learn about upcoming opportunities to socialize and get support from one another.

90%

Satisfaction Ratings from our clients, and their families*

*Based on client post-treatment surveys received 7/09-6/10.

Real Answers for Lasting Recovery



Hector Feliciano, MSW, LCSW, CADC
Program Director of Youth Care
Chicago West

Linda Knight, RN
Registered Nurse
Lake Villa

Gina Howard, MS, LPC, CADC
Clinical Supervisor
Caseyville

Steve Wierman, MS, LCPC
Executive Director
Carbondale

FY 2010 Demographic Breakdown

