

LOCATIONS

Gateway Foundation is the largest national nonprofit treatment provider in Illinois. Our treatment center locations in Illinois offers the anonymity of being far enough away from home, with the convenience of being close enough for families to participate in their loved one's recovery. We offer all levels of care: Detox/withdrawal management, residential, outpatient, virtual outpatient, and sober housing.



SPECIALTY PROGRAMS

OUT-IN-RECOVERY

A residential substance use treatment program for LGBTQ+ individuals, located in Lake Villa.

HER STORY

A women-only program for substance use disorders, trauma, and co-occurring mental health conditions, located in Carbondale.

TRIUMPH

A program for men who are looking to get back on track professionally, academically, and with their family, located in Springfield.

RECOVERY ADVANTAGE

A program tailored to treat alcohol addiction, allowing patients with alcohol use disorders to receive specialized treatment in Aurora.

BRIDGE PROGRAM

A program for young men that has a strong focus on the unique needs of emerging adults, located in Lake Villa.



TREATMENT FOR PROBLEM GAMBLING

24-Hour Helpline
844-975-3663 (DONE)
GatewayFoundation.org



GWF-GAMB-BI-1120

Addiction Medicine. Saving Lives.

TREATMENT THAT WORKS

TRUSTED GAMBLING TREATMENT

It is estimated that almost three percent of Americans suffer from a gambling disorder. For individuals who suffer from this disease, it can lead to devastating consequences to themselves and loved ones. Gateway Foundation has created a comprehensive Gambling Disorder treatment program to address the unique needs of those suffering from this disorder. This program, both virtual and in-person, focuses on helping individuals regain control and rebuild their lives. Utilizing evidence-based therapies, in conjunction with gambling specific interventions, individuals are provided with the tools necessary to replace destructive behaviors with new positive recovery skills.

TREATMENT COMPONENTS

1. Understanding the link between mental health and gambling
2. Developing effective coping strategies for sustained abstinence
3. Understanding self-exclusion
4. Gamblers Anonymous and the 12-step meetings
5. Bio-psycho-social factors impacting problem gamblers
6. Gambling as a disease education
7. Relapse prevention
8. Communication and accountability
9. Budgeting and developing a financial recovery plan

EVIDENCE-BASED TREATMENT APPROACHES

Evidence-based Treatment modalities used when addressing Gambling Disorder are Cognitive Behavioral Therapy (CBT), Motivational Interviewing (MI), Medication-Assisted Treatment (MAT), Support Groups, and Family Therapy, among other therapies.

TREATING THE WHOLE PERSON

Many people that suffer from Problem Gambling also have a Substance Use Disorder, as well as other mental health conditions such as depression, anxiety, obsessive-compulsive disorder, trauma, etc. During treatment at Gateway Foundation, we are able to address these underlying or co-occurring conditions concurrently during treatment.

INVOLVE THE ENTIRE FAMILY

When an individual compulsively gambles, the family is affected as well. Family therapy addresses not only the issue of gambling itself but also deals with healing family relationships and moving forward on the recovery path together.



PARTNER WITH US FOR LIFE

Recovery is a lifelong process that requires continued focus and commitment. Individuals will benefit from ongoing support from other alumni, social activities, and educational workshops to help empower recovery for life. We also offer our alumni continued support on their mobile devices through our own Gateway Connect app.

HOW TO GET STARTED

This program is funded by a grant from the IDHS*. Call us at 844-975-3663 (DONE), for a free, confidential assessment. Gateway Foundation is In-Network with most insurance providers.

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