LOCATIONS

Gateway Foundation is the largest national nonprofit treatment provider with locations in Illinois, California, and Delaware. Our residential treatment centers in Illinois offer the anonymity of being far enough away from home with the convenience of being close enough for families to participate in their loved one's recovery. Our outpatient centers are located within a short drive from many metro areas across the state. We offer all levels of care including: withdrawal management, residential, outpatient, virtual outpatient, sober housing and alumni support.



SPECIALTY PROGRAMS

OUT-IN-RECOVERY

A residential substance use treatment program for LGBTQ+ individuals, located in Lake Villa.

HER STORY

A women-only program for substance use disorders, trauma, and co-occurring mental health conditions, located in Carbondale.

TRIUMPH

A program for men who are looking to get back on track professionally, academically, and with their family, located in Springfield.

ALCOHOL USE DISORDER (AUD) A program tailored to treat alcohol addiction, allowing patients with alcohol use disorders to receive specialized treatment in Aurora.

BRIDGE PROGRAM

A program for young men that has a strong focus on the unique needs of emerging adults, located in Lake Villa









GATEWAYCONNECT - VIRTUAL OUTPATIENT PROGRAM

Gateway Foundation offers virtual addiction treatment, for adults and adolescents, in the comfort of your home. Utilizing the same core evidence-based curriculum Gateway is known for, participants receive the same quality of care in a virtual outpatient setting. This program allows those who are looking to juggle their professional or personal life, while still being able to access the treatment they need. This program is essential for those not living close to an outpatient center or those that aren't able to get to one.

Utilizing an individualized evidence-based curriculum that Gateway is known for, participants receive the same quality of care tailored to a virtual outpatient setting. Our curriculum is a combination of individual and group therapy, and utilizes proven effective clinical components in helping individuals overcome their struggle with substance use and co-occurring issues. From understanding and addressing the cause(s) of one's substance use, to identifying new effective coping strategies to implement for a better life, our staff is with you every step of the way. We have morning, afternoon and evening programs to fit your schedule.



PARTNER WITH US FOR LIFE

Recovery is a lifelong process that requires continued focus and commitment. You will benefit from ongoing support from other alumni, social activities, and educational workshops to help empower your recovery for life. We also offer our alumni continued support on their mobile devices through our own GatewayConnect app.

"I do not believe I would have come as far as I have today without Gateway's Virtual Outpatient Program. This program removed all the anxieties of having to go to and from group."

-Jeannette S., Alumni of Gateway's Virtual Outpatient Program

ADDICTION MEDICINE, SAVING LIVES.

For over 50 years, Gateway Foundation has been the trusted choice for effective, medically-based addiction treatment services in the Midwest and nationally.

Our compassionate licensed and accredited staff will get to know you and develop a treatment plan that fits your unique needs and goals. Important components of this virtual program to help your recovery be successful and sustainable are:

- Co-occurring focus to address both substance use and mentalhealth issues
- A flexible format to fit individual circumstances and obligations
- · A program that is with you, where ever you go
- Experts in addiction medicine and recovery, accessible from the safety of your home or office
- Medications, if needed to help ease withdrawal symptoms, cravings or underlying psychiatric conditions
- A long standing alumni program to support you during and after treatment



HOW TO GET STARTED

Call us at **877-505-4673 (HOPE),** for a free, confidential assessment to see if we are appropriate for you. The assessment takes just a few minutes, and if we are not the right place for you, we can make recommendations. Gateway Foundation is In-Network with most insurance providers.