



Opening Doors to Recovery

Annual Report

2013



Alcohol & Drug
Treatment

Community Division

Dear Friends and Supporters,

Looking back at fiscal year 2013, we have many reasons at Gateway Foundation to feel a sense of accomplishment. That's because the real value of everything we do culminates with the positive change that literally thousands of people experience at our treatment centers.

When you see a person thriving in recovery, most people don't realize the hours of training and experience of the counselor and substance abuse professionals who worked with him or her. They don't think about the experts who collaborated to tailor a recovery plan using proven best practices. Or the advocates who lobbied for health insurance companies to cover more costs associated with treatment for substance use and mental health disorders.

While there is a great need for our treatment services, unfortunately only one person out of 10 will get the professional help they need. That's why we are committed to enhancing awareness about options when it comes to substance abuse treatment.

Our Outreach professionals share important resources and educate constituents in communities statewide in order to open more doors to treatment. Similarly, we educate professionals likely to interact with people struggling with drug addiction. Last year alone, we provided more than 1,500 continuing education credits for hundreds of professionals working in healthcare, social services, law enforcement, education and behavioral health.

As you can see, there is a lot of collaboration, experience, and dedication that goes into the care of each and every person that walks through the doors of our treatment centers. On behalf of Gateway Foundation, it is my honor to recognize the hard work of our talented employees and the expertise and guidance from our Board of Directors. Thanks to your loyalty and devotion, we are well-positioned for future growth and continuous innovation in substance abuse treatment.

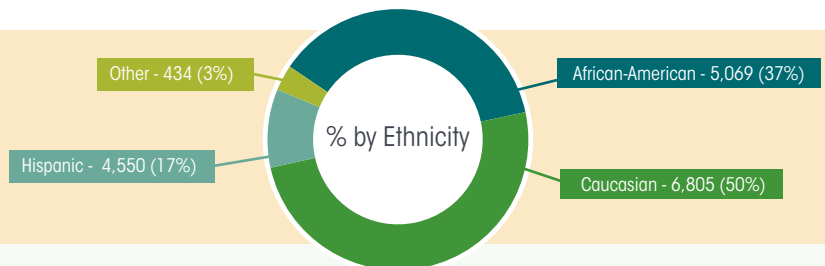
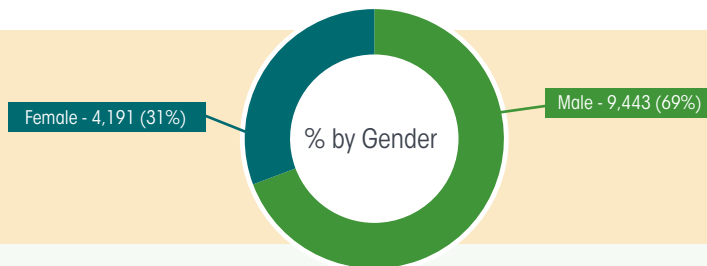
Henry D. Wolfe, Chairman

Gateway Foundation Board of Directors

Michael Darcy, President and CEO

Gateway Foundation, Inc.

Fiscal Year 2013 Demographic Breakdown



Expanding Access To Treatment

Gateway Foundation treats thousands of people each year at eight outpatient substance abuse treatment centers located throughout Illinois. In order to meet the projected demand for outpatient treatment services, we anticipate greatly increasing our capacity and admissions over the next 5 years.



Group Room at Pekin

During FY13, Gateway Foundation expanded our footprint by opening two new outpatient treatment centers in Illinois: Pekin opened in September 2012, and Chicago River North opened in May 2013.

Both centers are conveniently located in downtown business districts and easily accessible via public transportation. The Intensive Outpatient Programs offer personalized treatment that consists of: substance abuse education, group counseling that utilizes evidence-based relapse-prevention curriculums, individual counseling, family programs and medication-assisted treatment, if needed.



Group Room at Chicago River North

Dr. Welches Honored By IADDA

Gateway Foundation Alcohol & Drug Treatment's Clinical Director Dr. Phil Welches was honored by the Illinois Alcoholism and Drug Dependence Association with its prestigious Dr. C. Vincent Bakeman Memorial Award in September 2012. Named after Dr. C. Vincent Bakeman, a pioneer and a visionary in drug addiction treatment and prevention, the award celebrates the work done by Illinois' leaders in the field of substance abuse services.



Dr. Phil Welches

"Dr. Welches' commitment to implementing advancements in the treatment of addiction and his ability to improve the quality of clinical services within the field make him most deserving of the Dr. C. Vincent Bakeman Award. His leadership in integrating evidence-based substance abuse treatment practices and fidelity measures has earned Gateway Foundation a reputation as a leader in providing innovative treatment for substance use disorders," explains Michael Darcy, President and CEO, Gateway Foundation.

Increasing Awareness

To make it as easy as possible to keep the recovery community informed, Gateway Foundation is taking advantage of popular social media "channels." In today's digital age, social media tools, such as: Twitter, Facebook, YouTube, LinkedIn and our blog, enable us to educate more people and break down barriers for those who need help.

There are many advantages to using online mediums to further our awareness efforts. Through the simple act of sharing information via social media, we have the potential to make a difference anywhere on the planet through exposure to industry professionals and consumers.

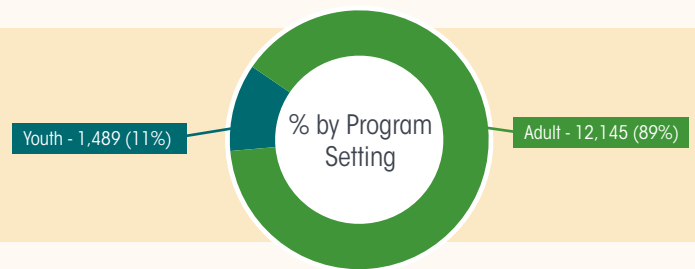
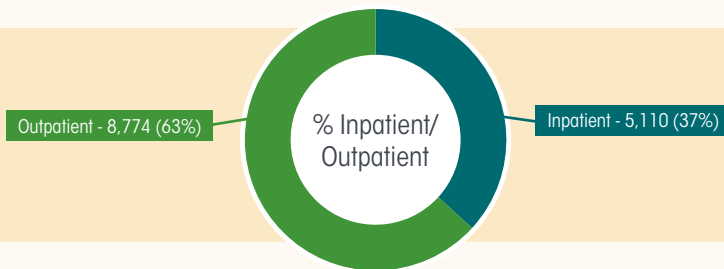
Perhaps most importantly, publishing content via social media also makes it easier for consumers to find useful and relevant information online to learn more about Gateway Foundation. And, sitting down at a computer is oftentimes the first step when people want to get their lives back on track.

In addition to our website RecoverGateway.org, Gateway Foundation news and forthcoming public awareness initiatives related to substance abuse can be found on: Twitter (@RecoverGateway), Facebook, YouTube (GatewayTreatment) and our blog (RecoverGateway.Wordpress.com).

Life-Changing Conversations

A Gateway Foundation employee was at a social gathering when a casual acquaintance approached him. Clearly concerned, the man shared that a member of his family was, in his words, "suffering from addictions." The employee learned the individual had tried treatment before with limited success. Eager to help, the employee handed over his business card and briefly explained Gateway Foundation's empowering approach to treatment, which led to a follow-up email request for a consultation at Gateway Foundation Lake Villa.

Reluctant at first, it took a couple of visits and encouragement from family and our staff over a 9-month timeframe but the 25-year-old man eventually decided he was ready to enter treatment. It didn't take long for him to experience positive change working his Residential Treatment Program. After only four days, he expressed how great it felt to laugh and exercise once again. Once his mood and confidence improved, he worked hard to develop the skills and knowledge necessary so he could enjoy a life truly worth living in recovery. "I never thought I'd have a family and now I can see it as a real possibility," he explains.



Innovating For Recovery

When the best substance abuse treatment isn't close to home, it makes it difficult for family members to participate in the recovery of a loved one. Recognizing family involvement is an integral aspect that provides both immediate and long-term benefits to individuals in recovery, Gateway Foundation makes it possible for families to engage in a loved one's recovery, remotely, via online video counseling offered at our centers in Carbondale, Lake Villa and Springfield, IL.

Gateway Foundation's Family Video Counseling sessions are conducted via a secure video conferencing software application that is fully compliant with federal health regulations to ensure privacy. During the sessions, family situations related to substance abuse issues are discussed in an open and respectful manner. In addition, family members can learn coping skills, increase understanding of how to support a chemically dependent individual and gain insight into what to expect in recovery.

Lending Life-Long Support

In a service-driven business like ours, the tangible benefit of what we do is the positive change each person experiences in treatment. But successfully completing treatment is only the first step in recovery—having access to life-long support can mean the difference between lasting recovery and relapse.

Starting in February 2013, a new Life-Long Recovery Support program was rolled out by Gateway's Alumni Coordinators and Outreach Team. Together, they work with clients to explain the benefits our Alumni Program offers after they leave treatment. Since the rollout, alumni engagement has increased in many areas.

The Gateway Foundation Alumni Program offers support to individuals through regularly scheduled alumni meetings and social gatherings. Events are designed to help alumni enhance their careers or improve communication skills through informative workshops. Alumni also are able to share insights that support recovery and personal growth through the quarterly alumni newsletters and helpful resources available on our website.

FY 2013 Board of Directors

Chairman
Henry D. Wolfe

Treasurer
Sidney Bradley

Secretary
Elizabeth Ogilvie Simer

President and CEO
Michael Darcy

Donald S. Crossett
Richard L. Eichholz, PhD
Warren Harrington
Glenn Baer Huebner
David Johnson
Jennifer Jerit Johnson
John Kromer
Pat LePenske
Richard L. McCullough
David Onion
Gary W. Rada
Amalesh Sanku
Len Shankman
Andy Smith
Warren Stippich, Jr., CPA, CIA

Executive Staff

President and CEO
Michael Darcy

**Vice President,
Community Service Division**
Nick Gantes

**Vice President,
Corrections Division**
Michael Giniger

Vice President, Human Resources
Martha Yount

**Vice President,
Information Systems**
Daniel Molitor

Vice President, Finance
George Vargas

Gateway Foundation FY13 Milestones

8/2012

Gateway Foundation President & CEO Michael Darcy joined the Honorable Patrick Kennedy, the Honorable Jan Schakowsky and the Honorable Mike Quigley to testify regarding mental health and substance abuse parity inadequacies at the Chicago Congressional Field Hearing at the Union League Club.

9/2012

In honor of National Recovery Month, Gateway Foundation hosted free training seminars and provided CEUs for hundreds of professionals.

10/2012

Opened new outpatient treatment center in Pekin, IL.

Gateway Clinicians gathered in Chicago for a professional development seminar led by board-certified psychiatrist Dr. David Mee-Lee regarding ASAM Patient Placement Criteria.

1/2013

Influential industry professionals throughout the Midwest attended Gateway workshops, and received complimentary CEU's to enhance their awareness about current drug trends.

4/2013

Several hundred healthcare professionals attended Gateway workshops, and received complimentary CEU's to enhance understanding of addiction and alleviate the stigma associated with substance abuse.

5/2013

New outpatient treatment center in Chicago's bustling River North district opened.

Community Division Locations

Gateway Foundation offers substance abuse treatment services for adults and adolescents. Services include residential, outpatient, day treatment, DUI and after care.

ILLINOIS

Aurora
Carbondale
Caseyville
Chicago Kedzie
Chicago Northwest
Chicago River North
Chicago West
Lake Villa
Pekin
Springfield
Swansea

DELAWARE

Delaware City

All Gateway Foundation Alcohol & Drug Treatment Centers are licensed by the state of Illinois and accredited by The Joint Commission. The Joint Commission accredits and certifies 19,000 health care organizations and hospitals nationwide. Accreditation by The Joint Commission is recognized as an international symbol of quality.



Alcohol & Drug
Treatment

Corporate Headquarters
55 E Jackson Blvd, Ste. 1500
Chicago, IL 60604
P: 312-663-1130 | F: 312-663-0504

24-Hour Helpline
877-505-HOPE (4673)
RecoverGateway.org